



Primary 1

Orientation

What's up?

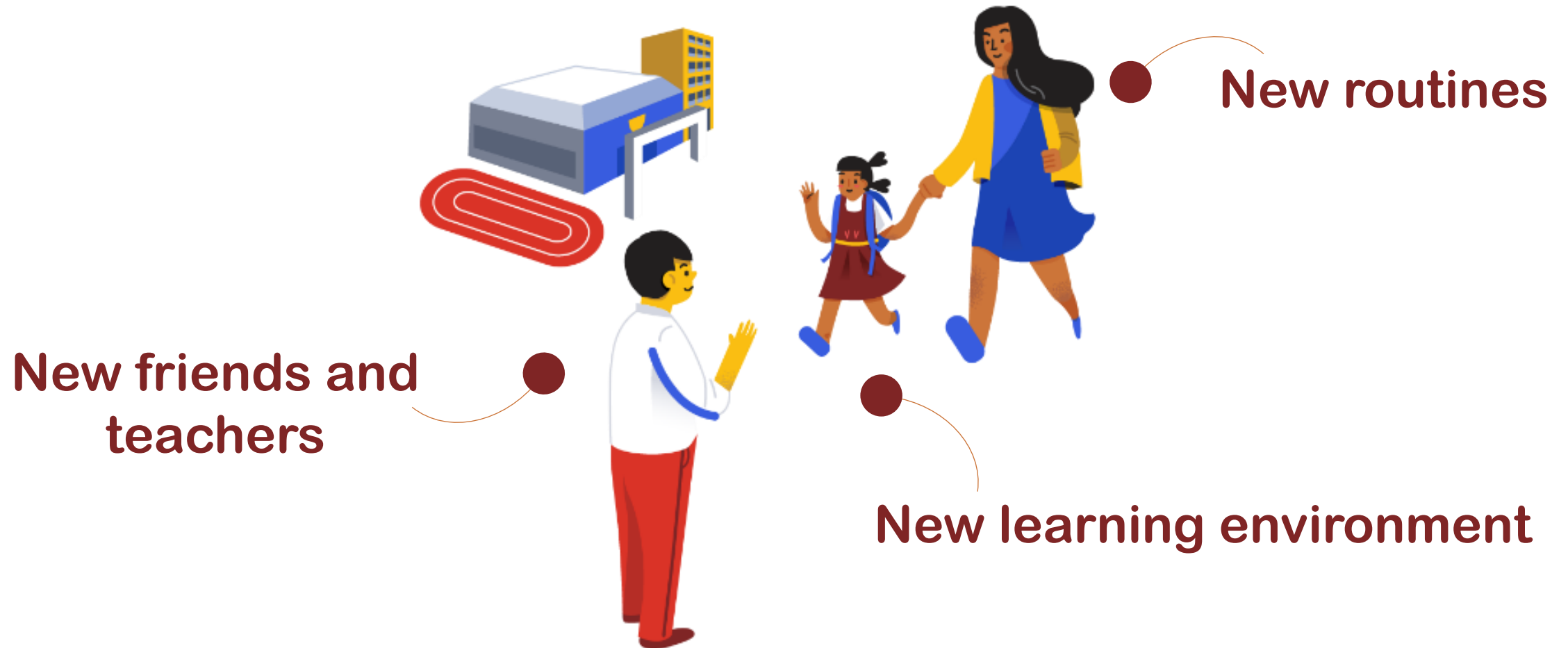
**Smoothing the transition to
Primary 1**

**What to expect
First Day of School**

**Getting to know your child
Parent Survey**

Smoothening the transition to Primary 1

When your child enters primary school,
their experience will include



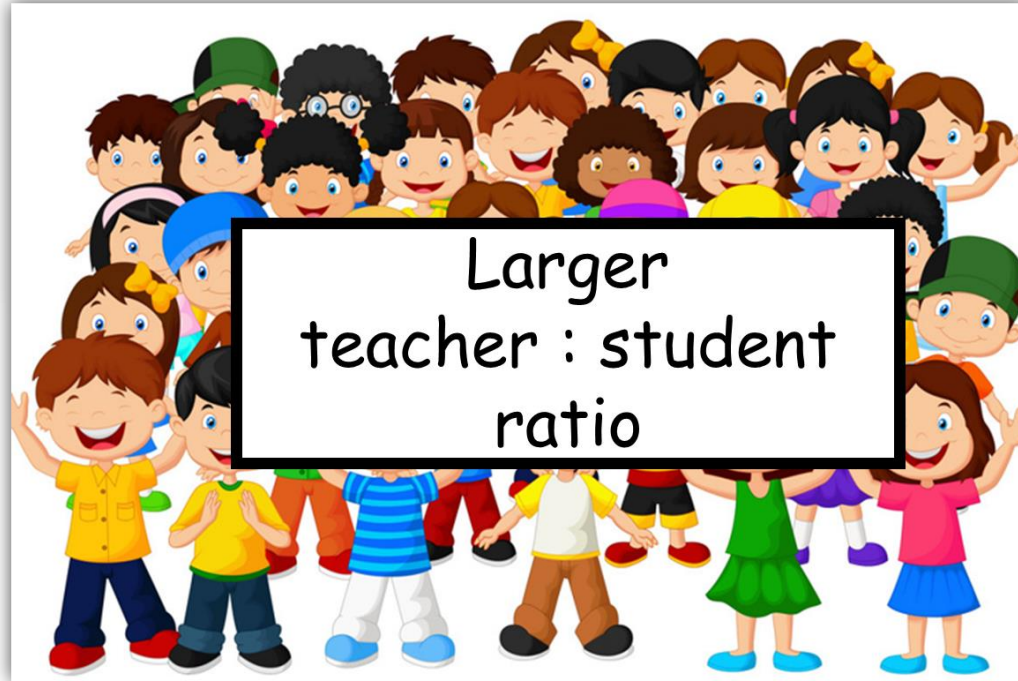
Much bigger school



Our P1 students' common worries



Separation Anxiety



Larger
teacher : student
ratio



Managing new
tasks
independently

Longer
Hours



Much bigger school

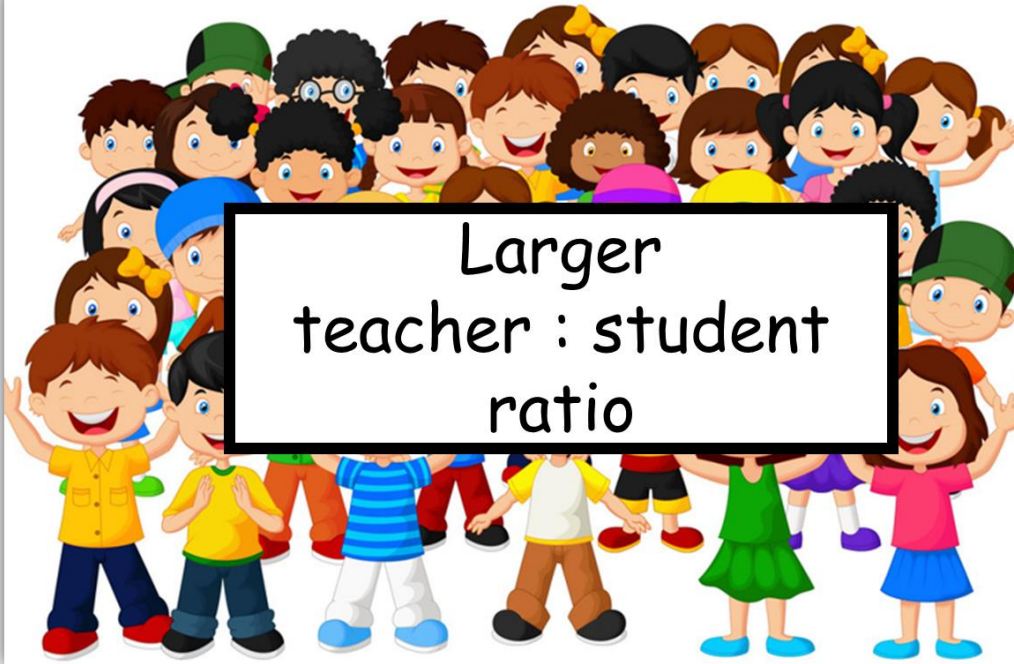


Parents' common worries



Separation
Anxiety

Larger
teacher : student
ratio



Longer
Hours



Managing new
tasks
independently





reading and sharing his thoughts with ease and confidence.

Demystifying Primary School



**WE FEAR WHAT
WE DO NOT
KNOW**

Demystifying Primary School

Practicing our route to school



GET THEM TO SEE
WHERE YOU WILL BE
DROPPING THEM OFF
AND HOW LONG IT
TAKES TO GET THERE.



Demystifying Primary School

Getting them used to wearing their uniform themselves.



**GIVE THEM THAT
BOOST OF CONFIDENCE
THAT THEY CAN
MANAGE THEIR
UNIFORM THEMSELVES**



Demystifying Primary School

Familiarise them with their school items.



**GET THEM INVOLVED IN
WRITING THEIR NAMES ON
THEIR SCHOOL ITEMS AND
PACKING THEIR BAGS. HELP
THEM IDENTIFY WHAT IS
INSIDE THEIR BAGS.**

Demystifying Primary School

Explore the school website together



**LOOK OUT FOR
USEFUL
INFORMATION
THAT WOULD
APPLY TO
YOUR CHILD**

Creating a consistent routine

CHRISSY HALTON

Schedules are meant
to HELP, not HINDER
Create them with YOUR
LIFESTYLE in mind



- ✓ Sustainable
- ✓ Practical
- ✓ Consistent

Creating consistent routines

Start the day with a checklist



You could even have **one of your own** next to your child's!

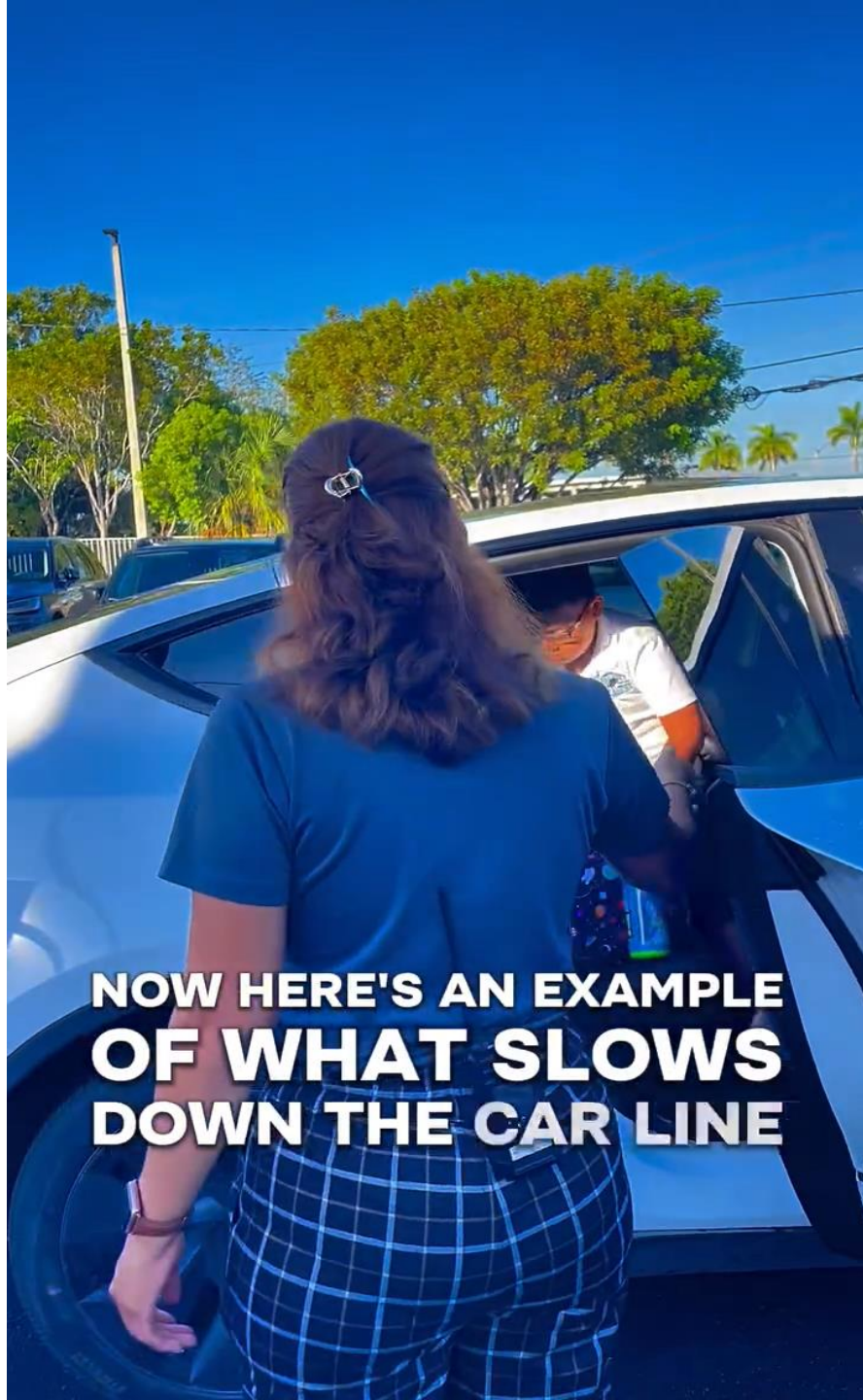
DISCUSS WITH
YOUR CHILD
WHAT SHOULD
GO ON THE
MORNING
CHECKLIST

Creating consistent routines

What happens at drop off?



PUT ON MY
SCHOOL Bag
A HUG and
a KISS
A Wave
GOODBYE



**NOW HERE'S AN EXAMPLE
OF WHAT SLOWS
DOWN THE CAR LINE**

**DROPPING THEM OFF
BY car?**

**Here is what
NOT TO DO**



**DROPPING THEM OFF
BY car?**

**Here IS WHAT
TO DO**



Some tips

Don't sneak away.
That creates greater anxiety.



If your child is crying and you have
handed him/her over,
say goodbye and leave.
Don't wait around.



Keep the goodbye brief but cheerful.
Help him/her start the day on a
cheerful note.



Some anxiety is normal, especially during the first month or so.

Sometimes the anxiety happens after the first month, when they start to miss kindergarten teachers & friends.

If the anxiety doesn't seem to be getting better, have a chat with them when they are calm and ask these questions to better understand their fears:

- ❖ What is scary about going to school?
- ❖ What would help make it not so scary?



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CHONGZHENG PRIMARY SCHOOL



Item	Page No.
1. Start-It-Right Schedule (Day 1 to Day 4) ♥ Reporting and Dismissal time ♥ What to bring? ♥ What to wear?	Pages 2 to 5
2. Snack Time Matters	Page 6
3. Parent Talk (2 January 2026)	Page 7
4. Recess Matters	Page 8

Link to this e-Guide will be sent to all P1
parents via PG (Parents Gateway)



Day 1

2 January 2026, Friday

PREFECTS

TEACHERS

Primary
1
students

Primary
2
students

*Best
Day
Ever*

Primary
3
students

Reporting Time

By 7.30 a.m.

Dismissal Time

12 p.m.

students

students

**Come back for
the Parent Talk
which will start at
10.15 and end just
in time for
dismissal!**

Day 1 : Drop Off !



Parents to bring students to the school hall to sit according to their class, then exit the premises.

Note: From Day 2 onwards, parents to drop students off at the front / back gate or at the car porch. Prefects will be around to bring the students up to the hall.

0730 - 0800		Welcome to School Address by: ❖ Our Principal, <u>Mr James Lim</u> ❖ Our Year Head, <u>Mdm Farah</u> ❖ Our Head Prefect, Lum Jie Le
0800 - 0830		Welcome to your class! ❖ Introduction by your Form Teachers ❖ Words of encouragement from our Big Buddies
0830 - 0900	What to expect for recess Let's learn what recess is all about!	
0900 - 0930		
0930 - 1000	Friend Matching Activity Let's play a game to get to know one another!	
1000 - 1030	Our Locker What is it for? Let's decorate our locker!	
1030 - 1100	Dismissal Practice Practice makes perfect! Let's go on a walk with our teacher to learn how we will be dismissed!	
1100 - 1115		It's Snack Time! Learning all about Snack Etiquette
1115 - 1140	Form Teacher Connect! 	
1140 - 1155	Almost time to go! Let's get ready for dismissal!	

My teachers

My classmates

Navigating Recess

Day 1

**Recess Support:
1 teacher : 5 students**



Day 2

**Recess Support:
Big Buddies (P3)
PaVE members**





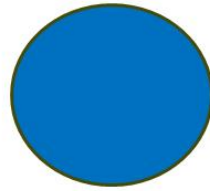
Name Tag

The school will be mailing out your child's name tag which contains his/her name and class.

Please get your child to wear it daily until they receive their fabric name tag (to be sewn onto their uniform)

NAME : Edward Lim

CLASS : 1 RESPECT



Please circle mode of pick-up after school:

Waiting for sibling : Yes / No

Front Gate	Back Gate	School Bus No: _____	Big Heart	External Student Care
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External Student Care: _____

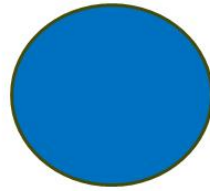
Allergy (If any): _____

Is your child waiting for an older sibling who also goes to Chongzheng Primary?

Please fill up the name tag
BEFORE coming on the first day
of school

NAME : Edward Lim

CLASS : 1 RESPECT



Please circle mode of pick-up after school:

Waiting for sibling : Yes / No

Front Gate	Back Gate	School Bus No: _____	Big Heart	External Student Care
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External Student Care: _____

Allergy (If any): _____

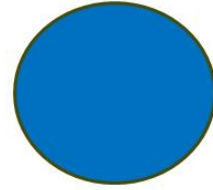
How will your child be going home?

We seek your support in keeping it consistent.

**Please fill up the name tag
BEFORE coming on the first day
of school**

NAME : Edward Lim

CLASS : 1 RESPECT



Please circle mode of pick-up after school:

Waiting for sibling : Yes / No

Front Gate	Back Gate	School Bus No: _____	Big Heart	External Student Care
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External Student Care: _____

Allergy (If any): _____

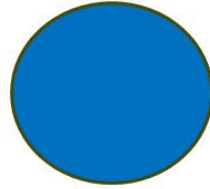
Main gate, near the canteen and security guard house

Please fill up the name tag
BEFORE coming on the first day
of school



NAME : Edward Lim

CLASS : 1 RESPECT



Please circle mode of pick-up after school:

Waiting for sibling : Yes / No

Front Gate	Back Gate	School Bus No: _____	Big Heart	External Student Care
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External Student Care: _____

Allergy (If any): _____



Near Blk 271

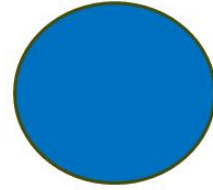
NOTE

If you are dropping your child off at the Back Gate, it will close at 7.30 am

Please fill up the name tag BEFORE coming on the first day of school

NAME : Edward Lim

CLASS : 1 RESPECT



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Waiting for sibling : Yes / No

Front Gate	Back Gate	School Bus No: _____	Big Heart	External Student Care
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External Student Care: _____

Allergy (If any): _____

*Indicate the
Bus number*

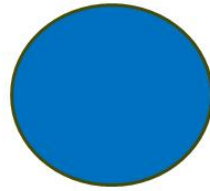
NOTE

1 parent is allowed to accompany the child on the school bus to go home for 2 Jan 2026 only

Please fill up the name tag
BEFORE coming on the first day
of school

NAME : Edward Lim

CLASS : 1 RESPECT



Please circle mode of pick-up after school:

Waiting for sibling : Yes / No

Front Gate	Back Gate	School Bus No: _____	Big Heart	External Student Care
------------	-----------	----------------------	-----------	-----------------------

External Student Care: _____

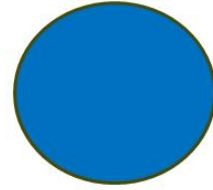
Allergy (If any): _____

Big Heart teachers will pick them up from the school foyer

Please fill up the name tag
BEFORE coming on the first day
of school

NAME : Edward Lim

CLASS : 1 RESPECT



Please circle mode of pick-up after school:

Waiting for sibling : Yes / No

Front Gate	Back Gate	School Bus No: _____	Big Heart	External Student Care
------------	-----------	----------------------	-----------	-----------------------

External Student Care: _____

Allergy (If any): _____

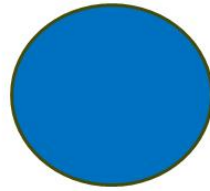
Indicate name of the External Student Care

External Student Care teachers will pick them up from the canteen (inform them of the dismissal timing)

Please fill up the name tag BEFORE coming on the first day of school

NAME : Edward Lim

CLASS : 1 RESPECT



Please circle mode of pick-up after school:

Waiting for sibling : Yes / No

Front Gate	Back Gate	School Bus No: _____	Big Heart	External Student Care
------------	-----------	----------------------	-----------	-----------------------

External Student Care: _____

Allergy (If any): _____

Indicate any allergies for us to take note of.

For severe allergy cases, do update the school if you have not already done so.

**Please fill up the name tag
BEFORE coming on the first day
of school**

Dismissal Matters

- Keep the dismissal mode consistent. **Inform the school (General Office) at least 1 hour in advance if there is a sudden change in dismissal mode.** (This includes asking a neighbour to pick up your child instead)
- P1 and P2 students are **NOT** allowed to leave the school on their own. Please wait at the gate for them.
- Lower primary students are usually dismissed earlier so that we have sufficient time to dismiss them in a safe manner.
- Ensure that your child **confidently knows** how he/she is going home

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Thank You!