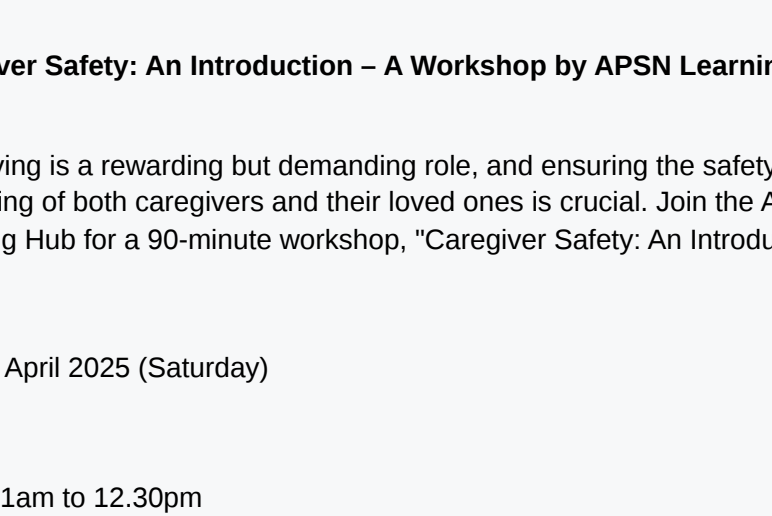


Unlock a world of inclusivity with NLB's bi-monthly Accessibility Newsletter - your guide to upcoming Accessible Programmes, must-read Accessible Collection recommendations, and exclusive insights into NLB's commitment to develop inclusive libraries.

Discover NLB's Accessible Programmes: Mark your Calendars!



Caregiver Safety: An Introduction – A Workshop by APSN Learning Hub

Caregiving is a rewarding but demanding role, and ensuring the safety and well-being of both caregivers and their loved ones is crucial. Join the APSN Learning Hub for a 90-minute workshop, "Caregiver Safety: An Introduction".

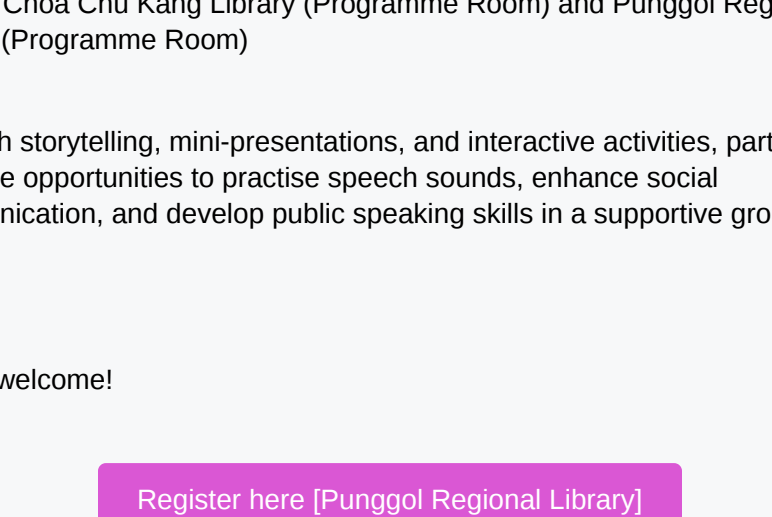
Date: 5 April 2025 (Saturday)

Time: 11am to 12.30pm

Venue: Punggol Regional Library (Programme Room)

Gain valuable insights into the "Safety for All" policy, developed by APSN Learning Hub, and learn practical strategies to prevent burnout and injury while fostering a more supportive caregiving environment. Free admission – register now to secure your spot!

Register here



A Storytelling Adventure – A Workshop by AWWA Community Integration Service

Join AWWA Community Integration Service for an engaging storytelling session designed to help children and youth with speech disorders build confidence and communication skills.

Date: 12 April 2025 (Saturday)

Time: 10am to 12pm

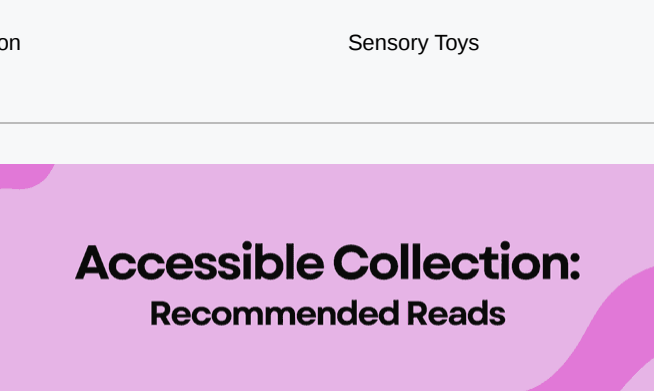
Venue: Choa Chu Kang Library (Programme Room) and Punggol Regional Library (Programme Room)

Through storytelling, mini-presentations, and interactive activities, participants will have opportunities to practise speech sounds, enhance social communication, and develop public speaking skills in a supportive group setting.

All are welcome!

Register here [Punggol Regional Library]

Register here [Choa Chu Kang Public Library]

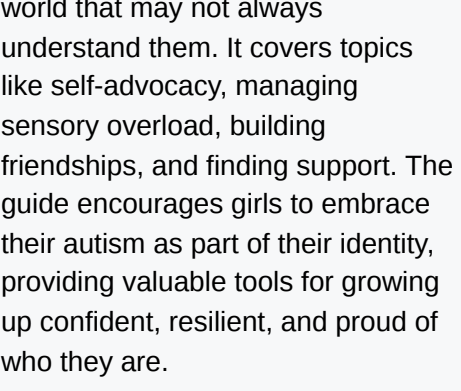


Accessibility Highlights: Sensory Aids for Every Need

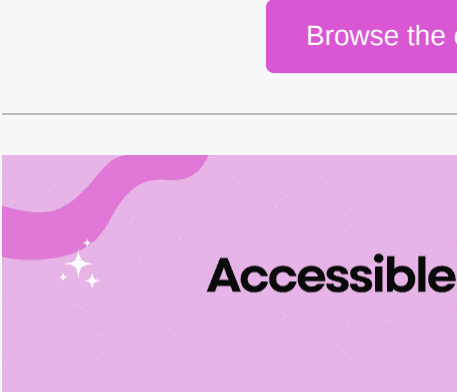
A variety of sensory aids to support comfort, focus and emotional well-being are available at the Calm Pods at Punggol Regional Library.

From earmuffs that minimise noise to fidget tools, stress balls, and sensory boards for emotional regulation, these sensory aids cater to diverse needs. A weighted blanket provides soothing relief from anxiety, while a vibrating cushion offers calming rhythmic sensations. Sensory toys that encourage exploration and a communication board to assist those with limited

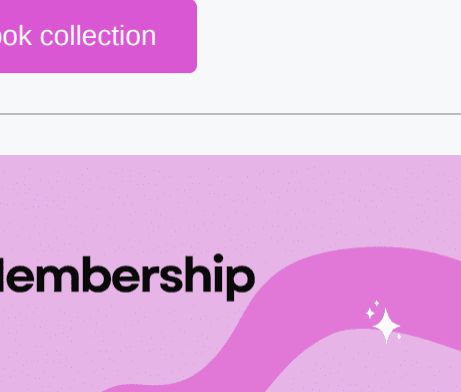
verbal skills are also available. With these resources, the library ensures accessibility and promotes an enriching experience for all library visitors.



Picture Exchange Communication System(PECS)



Vibrating Cushion



Sensory Toys

Accessible Collection: Recommended Reads

The Accessible Collection at Punggol Regional Library Level 1 features 3,000 English books for children and adults with disabilities, their caregivers, and their communities. These include Braille books with text for those with visual impairment, social stories that help persons with disabilities learn what to expect and how to react in specific situations or settings, phonics readers to help patrons with language difficulties, and touch and feel books for people to learn through the sense of touch. There are also books for caregivers who want to learn about specific disabilities.



Charlie Makes a Splash!

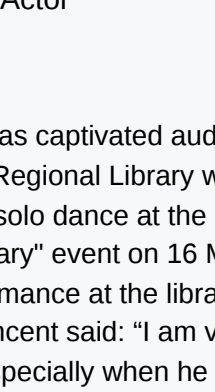
By: Holly Robinson Peete & RJ Peete

Publisher: Scholastic Press

Collection: Junior Picture Book

Call No.: PEE

Charlie Makes a Splash! is a heartwarming children's book that follows Charlie, a young boy with autism, as he faces his fear of swimming. Encouraged by his family, especially his supportive older sister, Charlie takes small steps towards overcoming his anxieties. Through persistence and love, Charlie gradually learns to trust himself and the water, making a splash in the pool for the first time. The story highlights themes of courage, family support, and personal growth, inspiring children to believe in themselves and face challenges with confidence and determination.



The Spectrum Girl's Survival Guide: How to Grow Up Awesome and Autistic.

By: Siena Castellon (Author)

Publisher: Jessica Kingsley Publishers

Collection: Adult

Call No.: 305.9085 CAS

This book is a practical and empowering guide for autistic girls navigating adolescence. Filled with personal stories, advice, and tips, the book helps young girls embrace their unique traits and thrive in a world that may not always understand them. It covers topics like self-advocacy, managing sensory overload, building friendships, and finding support. The guide encourages girls to embrace their autism as part of their identity, providing valuable tools for growing up confident, resilient, and proud of who they are.

Besides Punggol Regional Library, we also have an extensive eBook collection!

Browse the eBook collection

Accessible Membership

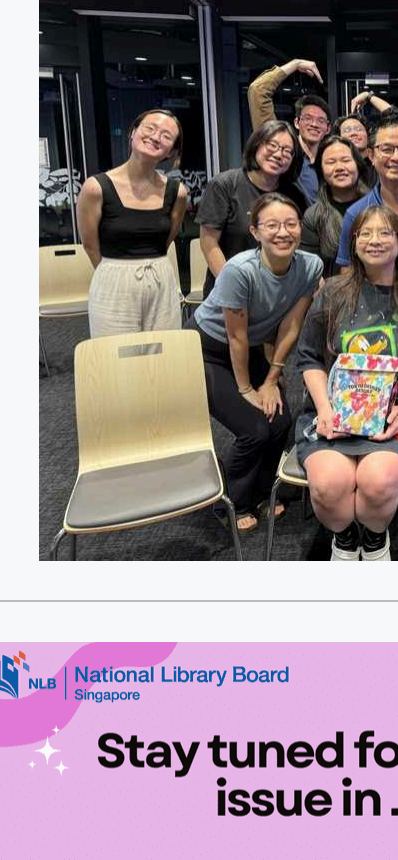
Accessible Membership is open to persons with disabilities who are beneficiaries of eligible disability schemes and services funded by the Ministry of Social and Family Development (MSF), or who had attended or are currently attending government-funded Special Education (SPED) schools.

As an Accessible Member, you will be able to enjoy:

- A longer borrowing period (from 21 days to 42 days);
- A longer renewal period (from 21 days to 42 days);
- Free reservation of items (which costs \$1.58 per item); and
- Priority access to accessible features in Punggol Regional Library.

Sign up for our Accessible Membership

Accessible Voices



Samuel Lee

Dancer / Actor

Samuel has captivated audiences at Punggol Regional Library with his stunning solo dance at the "Out of the Ordinary" event on 16 March. Of his performance at the library, his father, Vincent said: "I am very proud of him, especially when he can attract the attention of the audience to follow what he does." For Samuel, the library is transformed to a fun and supportive space to express his passion for dance. Vincent shared that Punggol Regional Library feels special and different, offering a welcoming environment where they can relax and explore a variety of engaging activities.

We look forward to seeing Samuel's journey unfold as he continues to share his talent with the community!

What you have missed

Out of the Ordinary

NLB's first-ever Out of the Ordinary performance at Punggol Regional Library on 16 March was a celebration of talent, creativity, and inclusivity. Audiences were treated to an inspiring lineup of performances by artists with disabilities, showcasing their passion through music, dance, and storytelling.

From beWILdered! by Zip Zap Zoom, which brought imaginative storytelling to life, to soulful musical performances by Extra•Ordinary Music Company, Sky Shen, and Alexon Cher, each act highlighted the power of artistic expression. Samuel's dynamic hip-hop moves and the energy of all our performers made the event a truly unforgettable experience.

Beyond the stage, visitors explored booths run by social service agencies, discovering handcrafted items by persons with disabilities and interactive activities like AI-powered quizzes. Many also signed up for NLB's enhanced accessible membership, which provides additional benefits such as longer loan periods and free reservations for persons with disabilities.

A big thank you to everyone who joined us in making this event a success!

Here are some pictures from the event!

Deaf Hangout

Deaf Hangout at Punggol Regional Library on 7 March brought together Deaf, Hard of Hearing, and friends of Deafies for a casual, interactive session to practice Singapore Sign Language (SgSL). Participants of all levels, from beginners to those more experienced in SgSL, had the opportunity to connect, learn, and engage with the Deaf community in a relaxed environment. The event provided a welcoming space for everyone to practice signing, share conversations, and build connections.

Stay tuned for the next issue in June!

Check out past issues of AccessABILITY: [#1](#) | [#2](#) | [#3](#)

Have a query? Contact us at enquiry@nlb.gov.sg