

ACTIVESG CUP HOCKEY

Haze Management Protocol

The checkpoints, match decisions
and actions everyone needs to know

OCT-NOV 2026

Player's safety comes first



Three rules to remember

Know where to check, when matches may start, and when play must stop.

1: BEFORE YOU TRAVEL

CHECK official updates

Team Managers to monitor the official WhatsApp Community and inform the players and their parents.

A scheduled match is not a final go-ahead.

2: IF HAZE WORSENS

SUSPEND subsequent matches

At PSI 101+ or 1-hr PM_{2.5} 56+, scheduled matches are postponed at pre-match checks.

During play, ongoing matches follow rule 2.

3: IF LEVELS ARE SEVERE

STOP immediately

At PSI 201+ or 1-hr PM_{2.5} 151+, all ongoing matches must stop.

All players must stop regardless

Which haze readings do we use?

We use NEA's **South Region** data. Check both indicators, not just one.

24-HOUR PSI

101+

UNHEALTHY

Primary indicator for activity planning and match decisions.

1-HOUR $PM_{2.5}$

56+

ELEVATED

Supplementary, more immediate indicator of changing air quality.

Before starting a match: PSI MUST BE ≤ 100 AND 1-hour $PM_{2.5} \leq 55$

Official readings: haze.gov.sg • Children and participants with health conditions need extra caution.

Before matches: 3 decision checkpoints

If any checkpoint postpones a fixture, that decision is final — even if conditions later improve.

CHECKPOINT 1

24 HOURS BEFORE

Friday evening matches

Check on THU • 5:00 PM

Saturday morning matches

Check on FRI • 7:00 AM

Postpone if **PSI ≥ 101**

24-hour PSI only

CHECKPOINT 2

2 HOURS BEFORE

Friday evening matches

Check on FRI • 4:00 PM

Saturday morning matches

Check on SAT • 6:00 AM

Postpone if **PSI ≥ 101 OR $PM_{2.5} \geq 56$**

24-hour PSI only AND 1-hour PM 2.5

CHECKPOINT 3

1 HOUR BEFORE

Friday evening matches

Check on FRI • 5:00 PM

Saturday morning matches

Check on SAT • 7:00 AM

Postpone if **PSI ≥ 101 OR $PM_{2.5} \geq 56$**

24-hour PSI only AND 1-hour PM 2.5

THRESHOLD MET → ORGANISER POSTPONES THE AFFECTED MATCHES → OFFICIAL WHATSAPP NOTICE

During matches: Check hourly

Apply the highest-risk result from either reading. The Organiser can stop play earlier for safety.

CONTINUE

$\text{PSI} < 101$ AND $\text{PM}_{2.5} < 56$

New and ongoing matches may proceed, subject to player's well-being.

NO NEW MATCHES

$\text{PSI} \geq 101$ OR $\text{PM}_{2.5} \geq 56$

Do not start new matches. Continue ongoing matches only, with caution and close monitoring.

STOP ALL MATCHES

$\text{PSI} \geq 201$ OR $\text{PM}_{2.5} \geq 151$

Stop any ongoing match immediately; postpone all remaining matches of the day.

Important: NEA advises children to avoid strenuous outdoor activity at Elevated 1-hour $\text{PM}_{2.5}$; the Organiser to consider stopping the matches earlier.

What should teams do?

Haze readings are one part of the decision. Player's symptoms and welfare **always** comes first.

TEAM MANAGERS, COACHES & PARENTS

- 01 Join the official WhatsApp Community.
- 02 Share updates with players and parents promptly.
- 03 Monitor players for any discomfort - Stop activity and alert officials & medics immediately.

PLAYERS & PARTICIPANTS

- 01 Tell your coach immediately if you are feeling unwell.
- 02 Stop playing if you feel breathless, dizzy or unwell.
- 03 Keep prescribed medication (if any) available where needed.

Anyone can raise a safety concern. Only the Organiser makes the final match-status decision.

One official source of match decisions

Only the ActiveSG Cup Organiser announces whether matches proceed, postponed, or are stopped.

- 01 NEA South Region readings
- 02 Organiser reviews conditions
- 03 **Official WhatsApp announcement**



<https://go.gov.sg/asgchkwaann>

 [JOIN THE OFFICIAL WHATSAPP GROUP](https://go.gov.sg/asgchkwaann)

Team Managers: Required
Coaches & Parents: Strongly Encouraged

Team Managers communicate updates to their players and parents. Do not treat forwarded messages as official.

How to read official WhatsApp updates

Every notice should state the check time, **South** Region readings and which matches are affected.

MONITORING

Matches remain on schedule

Further checks are pending. Watch for a confirmed update.

PROCEED

Matches go ahead

Attend as scheduled, unless an updated official notice says otherwise.

POSTPONED

All matches scheduled for the date are postponed

Do not attend for the affected fixture. Await revised timing.

STOPPED

Play ends immediately

Follow on-site instructions; remaining fixtures will be updated.

The official Organiser notice is final for the affected match. Follow the latest instruction given through the group.

If matches are postponed repeatedly

Revised fixtures will be confirmed through the official WhatsApp Community.

1st

POSTPONEMENT

Affected matches move to the next available contingency or rescheduled date.

2nd

CONSECUTIVE

Organiser attempts further rescheduling and issues a final contingency notice.

3rd

CONSECUTIVE

The event will be cancelled.

AVAILABLE CONTINGENCY DATES
(Subject to Changes)

17 OCT

31 OCT

14 NOV

Cancellations and contingency dates are based on the competition plan and must be confirmed by the Organiser.

Final checklist: Keep everyone safe

For all players, coaches and parents, the message is simple.

1

BEFORE TRAVEL

Check the official WhatsApp Community for any updates.

2

ON MATCH DAY

Follow the organiser's call

3

IF YOU FEEL UNWELL

Stop playing, alert your coach and seek assistance.

Check live air quality haze.gov.sg

Thank you for prioritising player's well-being

