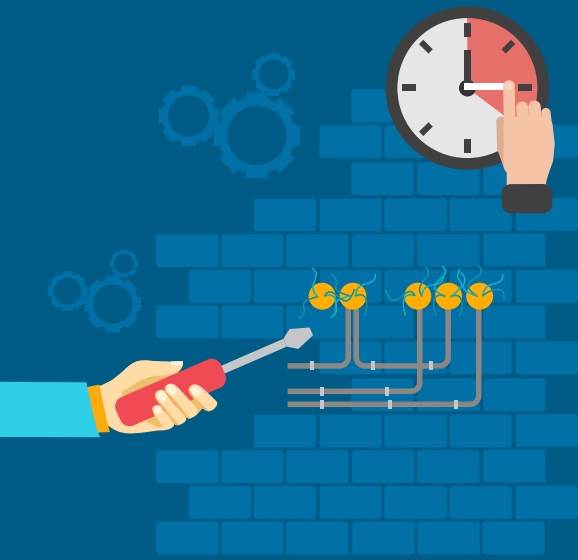


# STAGGERED REST DAYS

# MAIN CONTRACTORS



## WHAT IS STAGGERED REST DAYS?

In pre-COVID days, most workers rest on Sunday. Staggered rest days is a new measure by MOM and BCA to spread out the number of workers exiting their dormitories for non-work purposes more evenly across the week. This is necessary to minimize the risk of cross-infections during the COVID-19 pandemic, and it requires all of us to adopt new practices to protect our built environment workforce, our families, and the larger community as a whole.

Staggered rest days will apply to all Work Permit and S Pass holders hired under Construction accounts.

## WHEN IS MY REST DAY?

### SUNDAY

- Workers deployed to projects subject to NEA's No Work Rule <sup>[1]</sup>

### MONDAY TO SATURDAY (Assigned by BCA)

- Workers deployed to projects not subject to NEA's No Work Rule



## WHAT DO I NEED TO DO?

From 19 August 2020 onwards, firms who have approved application for restart will receive notifications from BCA on their rest day.



1 Look out for BCA's email titled "Staggered Rest Days for Your Workers"



2 Log on to MOM's **Safe@Work system**



3 Verify the rest days are correct for workers deployed full time to project site



4 Select a rest day between Monday to Saturday<sup>[2]</sup>  
*For workers deployed part-time to construction sites OR not deployed to construction sites*



5 Inform workers on the rest day arrangement



6 Implement new rest day within one month of notification

For more clarifications, please go to <https://www1.bca.gov.sg/COVID-19/faqs>

<sup>[1]</sup> NEA has implemented rules which prohibit work on Sundays and Public Holidays for construction sites located within 150m of residential premises.

<sup>[2]</sup> Firms can self-select Monday to Friday on MOM's **Safe@Work system**. To choose Saturday as rest, please submit an appeal to BCA at **FormSG**.



BCA for queries on rest day assignments at [bca.gov.sg/feedbackform/](https://www1.bca.gov.sg/feedbackform/)

MOM for queries on Safe@Work system at [www.mom.gov.sg/feedback-safework](https://www.mom.gov.sg/feedback-safework)

EDB for queries on process construction projects at <http://www.edb.gov.sg/en/contact/contact-us.html>



Visit BCA's website at [www1.bca.gov.sg/COVID-19](https://www1.bca.gov.sg/COVID-19)



Subscribe to BCA's Telegram channel at [www.t.me/BCASingapore](https://www.t.me/BCASingapore)