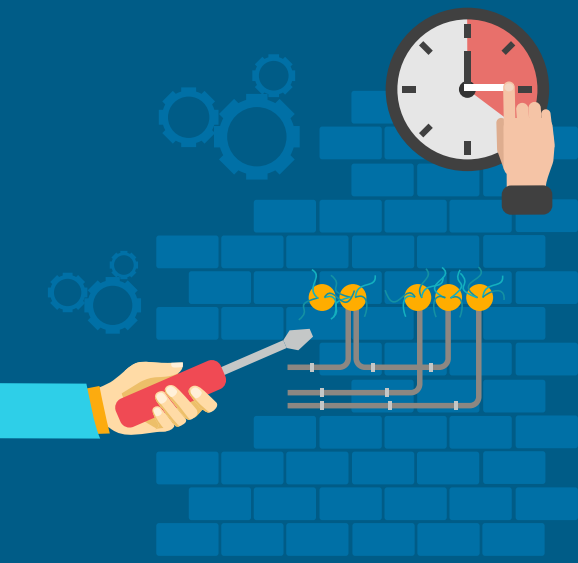


# STAGGERED REST DAYS

# MAIN CONTRACTORS



## WHAT IS STAGGERED REST DAYS?

In pre-COVID days, most workers rest on Sunday. Staggered rest days is a new measure by MOM and BCA to spread out the number of workers exiting their dormitories for non-work purposes more evenly across the week. This is necessary to minimize the risk of cross-infections during the COVID-19 pandemic, and it requires all of us to adopt new practices to protect our built environment workforce, our families, and the larger community as a whole.

Staggered rest days will apply to all Work Permit and S Pass holders hired under Construction accounts.

## WHEN IS MY REST DAY?

### SUNDAY

- Workers deployed to projects subject to NEA's No Work Rule <sup>[1]</sup>

### MONDAY TO SATURDAY (Assigned by MOM)

- Workers deployed to projects not subject to NEA's No Work Rule



## WHAT DO I NEED TO DO?

From 28 October 2020 onwards, projects who have approved application for restart will receive notifications from MOM on their rest day.

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Look out for MOM's email titled "Staggered Rest Days for Your Workers"
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Inform all your contractors of the project assigned rest day
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Log on to MOM's **Safe@Work system**
- 

Verify/Update the rest days for workers deployed full time to project sites
- 

Select a rest day between Monday to Saturday  
*For workers deployed part-time to construction sites OR not deployed to construction sites*
- 

Inform workers on the rest day arrangement
- 

Implement new rest day within one month of notification

For more clarifications, please go to [www.mom.gov.sg/eservices/services/safe-work](http://www.mom.gov.sg/eservices/services/safe-work) and [www.mom.gov.sg/covid-19/frequently-asked-questions](http://www.mom.gov.sg/covid-19/frequently-asked-questions).

<sup>[1]</sup> NEA has implemented rules which prohibit work on Sundays and Public Holidays for construction sites located within 150m of residential premises.



MOM for queries on rest day assignments and Safe@work System at [www.mom.gov.sg/contact-us](http://www.mom.gov.sg/contact-us)  
EDB for queries on process construction projects at <http://www.edb.gov.sg/en/contact/contact-us.html>



Visit BCA's website at [www1.bca.gov.sg/COVID-19](http://www1.bca.gov.sg/COVID-19)



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