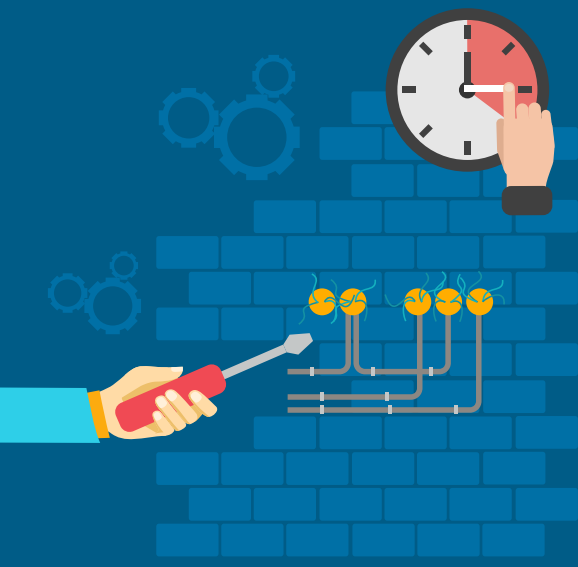# STAGGERED REST DAYS
SPECIALIST SUB-CONTRACTORS
Workers Working Part-time On Site[1]

WHAT IS STAGGERED REST DAYS?

In pre-COVID days, most workers rest on Sunday. Staggered rest days is a new measure by MOM and BCA to spread out the number of workers exiting their dormitories for non-work purposes more evenly across the week. This is necessary to minimize the risk of cross-infections during the COVID-19 pandemic, and it requires all of us to adopt new practices to protect our built environment workforce, our families, and the larger community as a whole.

Staggered rest days will apply to all Work Permit and S Pass holders hired under Construction accounts.

WHEN IS MY REST DAY?

- If your workers are deployed to a single construction site projects:
  - **FOLLOW ASSIGNED REST DAY FOR THE PROJECT**

- If your workers are not deployed to construction site projects / deployed to multiple construction site projects
  - **SELECT A REST DAY BETWEEN MONDAY TO SATURDAY**

WHAT DO I NEED TO DO?

From 28 October 2020 onwards, projects who have approved application for restart will receive notifications from MOM on their rest day.

1 Check with your main contractor on the project assigned rest day

2 Log on to MOM's **Safe@Work system**

3 Verify/Update the rest days for workers deployed full time to project site

4 Select a rest day between Monday to Saturday
For workers deployed part-time to construction sites OR not deployed to construction sites

5 Inform workers on the rest day arrangement

6 Implement new rest day within one month of notification

For more clarifications, please go to **www.mom.gov.sg/eservices/services/safe-work** and **www.mom.gov.sg/covid-19/frequently-asked-questions.**

[1] *For workers who work on a project site for **A SHORT PERIOD OF TIME** (less than 6 weeks at the project site within a 3-month window)*

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