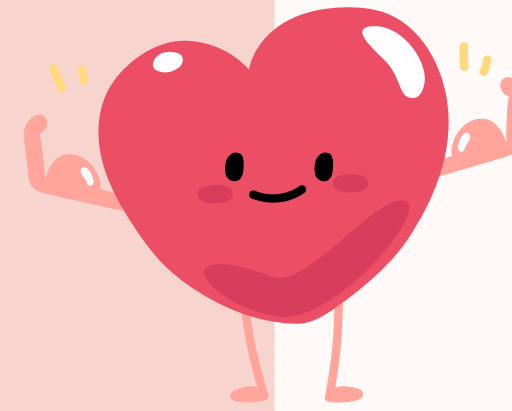


COMIT

Community Intervention Team



Partnerships

COMC is actively working on establishing collaborative partnerships with COMIT agencies to help them better understand the profile and needs of our supervisees with mental health needs. So far, we have established partnerships with the Singapore Association for Mental Health (SAMH) and Singapore Anglican Community Services (SACS), and will continue to expand our network of partner agencies.



Can I refer to other COMIT agencies?

Yes! Please note that VCOs are not limited to referring cases only to SAMH or SACS. You can also reach out to other COMIT agencies to inquire about their referral processes. For a full list of COMIT agencies, click on this [link](#)!

More details on the referral processes for SAMH and SACS can be found in the next page



What is COMIT?

COMIT is a programme under the Community Mental Health Masterplan developed by the Agency for Integrated Care (AIC) with the Ministry of Health (MOH). COMIT agencies provides assessment, counselling and psychosocial interventions for individuals with mental health issues.



COMIT services are fully funded by the government with no out-of-pocket costs.



Polyclinics

COMIT agencies also works closely with:



GPs



Other community partners



Hospitals

Referral Process

SAMH

SACS

- ▶ Singaporean or PR; at least 16 years old
- ▶ Mental health concerns or those at risk of developing mental illness
- ▶ Residing in the West and Central regions

Admission

Criteria

- ▶ Singaporean or PR; at least 18 years old
- ▶ Stabilized psychiatric condition; on medications and follow-up.
- ▶ No substance abuse in the last 2 years
- ▶ No self-harm and suicide attempts in the last 3 months
- ▶ No aggressive behavior which may pose a threat to others



- ▶ Obtain consent from your supervisee and ensure he/she has an official mental health diagnosis
- ▶ Fill in the respective agency's referral form, providing as much information as possible



Email to:
samhmobile@samhealth.org.sg

Indicate Service Type as "Home Visit" and Email to (depending on supervisee's place of residence):
acc_yishun@sacs.org.sg
acc_pasirris@sacs.org.sg
acc_bukitbatok@sacs.org.sg