DESISTOR NETWORK

DIRECTORY OF DESISTORS SUPPORT ACTIVITIES

SINGAPORE
PRISON SERVICE

DESISTOR & FAMILY, SUPPORT GROUPS & BEFRIENDING ACTIVITIES

AOC
AGENT OF CHANGE

Agent Of Change

Support group for offenders, ex-offenders and their families

Here are some reasons highlighting their importance and uniqueness: - Emotional Support - Shared Understanding - Encouragement for Positive Change - Family Reunification - Breaking the Cycle - Accountability and Peer Guidance - Cultural Sensitivity.

Every Fridays
Time: 2100 – 2230hrs

En-Naeem Mosque

Sofian: +65 9616 9071
Izwan: +65 8742 9053
Azmi: + +65 8922 2107
Susanty: +65 9007 9819 (women: HUFI)
AOC email: agentsofchangesg@gmail.com FB: https://www.facebook.com/AgentsOfChangeSG

BapaHebatSG

Supporting the Fathering Journey

BAPAHEBAT SG (BHSG)

TEHTARIK WITH DADS TALK SERIES

Face-to-face talk and discussion with fathers covering challenges they are facing on their fathering journey.

Run on a quarterly basis,
advertised 2 months before the event

32, Pekin Street #05-01
Singapore 048762

info@bapahebatsg.org

C4P

CENTRE FOR PSYCHOTHERAPY LTD

Support/Counselling/Therapy

Emerging Hearts Support Group

Provides a safe and supportive environment for individuals on the journey of recovery from addiction and reintegration post release. A space for the sharing of Experience, Strength and Hope, emphasizing values of; Confidentiality, Respect, and Support. Offers emotional support and refreshments for attendees, symbolizing care and warmth within the community.

1st and 3rd Tuesday pf each month
From 7pm to 8.30 pm

Physical Sessions; Centre For Psychotherapy
7 Race Course Lane, #02-01 S(218734).
(3mins walk from Farrer Park Mrt Exit F)

Mr Gopal 8856 2408
info@centreforpsychotherapy.com

Christian Counselling Services

Trust and Obey

Founded in 1977

CHRISTIAN COUNSELLING SERVICES(CCS)

CCS FAITH FELLOWSHIP

Faith-based support group for ex-offenders to journey with them as they reintegrate into the community after their release from prison.

Every Thursday
6pm to 9pm

811 Upper Serangoon Road
Singapore 534675

admin@ccslink.org

Christian Counselling Services

Trust and Obey

Founded in 1977

CHRISTIAN COUNSELLING SERVICES(CCS)

BLESSED GRACE PRISON FELLOWSHIP

Faith-based support group for ex-offenders to journey with them as they reintegrate into the community after their release from prison.

Every Thursday
6pm to 9pm
(Dinner Provided)

18 Arumugam Road
Singapore 409962

admin@ccslink.org

Christian Counselling Services

Trust and Obey

Founded in 1977

CHRISTIAN COUNSELLING SERVICES(CCS)

NEW REDEEMER FELLOWSHIP - FAMILY SUPPORT

Faith-based support group for ex-offenders to journey with them as they reintegrate into the community after their release from prison.

Every Thursday
6pm to 9pm
(Dinner Provided)

116 Upper Changi Road
Singapore 419718

admin@ccslink.org

FITRAH

Family and Inmates ThRoughcare Assistance Haven

FAMILY AND INMATES THROUGHCARE ASSISTANCE HAVEN (FITRAH)

Support Group
(Individual and family members)

A peer support platform that is established to aid individuals on the path to desistance and their families in seeking guidance from those who have successfully navigated challenges during the process of rehabilitation and reintegration.

Every Friday
Time: 8.30pm to 10.30pm

En-Naeem Mosque
120 Tampines Road
Singapore 535136

Contact : 83182695
Email: contact@fitrah.sgmosque.com

FITRAH

Family and Inmates ThRoughcare Assistance Haven

FAMILY AND INMATES THROUGHCARE ASSISTANCE HAVEN (FITRAH)

Befriending (Individual or Family)

Befriending with individuals or family who may be experiencing challenges in the community. It offers pro-social support and a sense of connection to help improve well-being and foster a stronger sense of community.

N.A

En-Naeem Mosque
120 Tampines Road
Singapore 535136

Contact : 83182695
Email: contact@fitrah.sgmosque.com

GOAL ASPIRATION RECOVERY GROUP

GROUP SHARING, CHARITY WORK

Group sharing on finding strength, overcome struggles
& reintegration into society.

Sharing held every Friday
8pm onwards

Jamiyah (Darul Islah)
352 Pasir Panjang Rd,
S(118694)

Rosezeli Omar (Chairman) - 8836 9177
Sharol Salleh (Vice-Chairman) - 8803 9336
Baizurah Hamzah (Secretary) - 8020 0849

GOAL ASPIRATION

1. Relapse Prevention Programs such as Acceptance & Commitment Therapy (ACT), Cognitive Behavioral Therapy (CBT) activities & Group Sharing.

2. Forum Theatre - Antiplay & Strategies Intervention.

3. Social & Community Works - Food Ration Distribution, Family Day, Talks/Seminar Sharing's, International Webinar/Physical Sharing's & many more.

Aftercare Support Services :
a) Mentoring Services for desistors
b) Befriending Services for desistors
c) Para-counselling Services for desistors
d) Providing resources for those require financial assistance

a) Group Sharing - Every 1st week Sunday of the month
b) Relapse Prevention Programme - Every Friday
(Only for GA members)

Jamiyah (Darul Islah)
352 Pasir Panjang Rd,
S(118694)

Rosezeli Omar (Chairman) - 8836 9177
Sharol Salleh (Vice-Chairman) - 8803 9336
Baizurah Hamzah (Secretary) - 8020 0849

HUG COMMUNITY SERVICES LTD

NICE TO MEET YOU – SUPPORT GROUP

Nice to Meet You (NTMY) is a cultural exchange & peer support platform to help desistors among local and international desistors in an informal retreat setting and aims to gather local desistors, their families and employers, and volunteers who have journeyed with those who have overcome struggles.

This monthly session will have different Desistors and partners working with desistor and families to share different experiences and struggles behind success and exchange problem-solving skills and culture.

NTMY- Desistors also will be able to form healthy & crime-free networks among themselves that provide peer support for those currently new on their rehabilitation journey and accelerate their reintegration into the community.

2nd and 4th Friday of each month,
7.30 pm to 9.30 pm (TBC)

HUG Community Services Limited 200 Toa Payoh North, Toa Payoh Spring #01-1033
Singapore 310200

Contact: 80281150
Email: desistornetwork@hug.org.sg
Webiste : www.hug.org.sg

HCSA

COMMUNITY SERVICES

HCSA

HIGHPOINT

HALFWAY HOUSE

HSCA Community Services/Highpoint

AIMS Aftercare Support Group AIMS Outreach

1. Gift Initiative (Gems in Final Transaction)
2. AIMS WISDOM (Woman in Support to Develop Outstanding Men)
3. AIM HIRE (Hope in Restoring Employability)

Monthly support group, interest group activity, festive celebrations. Desistors outreach to prisons, DRC and external agencies.

Support for women supporting their men in recovery

Monthly WISDOM Meeting (for ladies with recovering partner)

Regular Support Group at HCSA Highpoint
2nd and 4th Tuesday of the month
8pm to 9pm (Dinner Provided)

No 1 Lorong 23 Geylang
Singapore 388352

Samuel : samuel_WONG@hcsa.org.sg
Feroz : ferozsambora@gmail.com
Highpoint Duty Phone : +65 81232168

ISCOS

You've got a friend

INDUSTRIAL & SERVICES CO-OPERATIVE SOCIETY LTD (ISCOS)

MEN SUPPORT GROUP (PHYSICAL)

All ex-offenders who are facing reintegration difficulties are welcome to join the support group sessions.

3rd Wednesday of the month
7pm to 9pm

ISCOS Office
237 Alexandra Road
Singapore 159929

Telephone : (65) 6743 78885

NEW LIFE STORIES

NEW LIFE STORIES (NLS)

PAPA GROUP

Introducing/reinforcing the importance of familial relationships as the core of the work that we do, bridging and mending relationships as a family

1st Saturday of the Month
10 am to 12 pm

73 Haji Lane
Singapore 189266

newlifestories.org.sg/contact-us

NEW LIFE STORIES

NEW LIFE STORIES (NLS)

MAMA GROUP

Reaching out to ex-incarcerated people in community,
create network of new friends aside from families and old friends.

Last Saturday of the Month
10 am to 12 pm

73 Haji Lane
Singapore 189266

newlifestories.org.sg/contact-us

NISA' HOPE NETWORK

Weekly Religious Class, Qur'aan Class, Sharing Session and Counselling Session

We do have Madrasah/Classroom located at 306A woodlands, where we share peer-based recovery support, education-based recovery support, relapse prevention, motivational interview and enchantment. Currently we have a WhatsApp group chat that consist of 70 ladies.

Religious Class - Every Wednesday and Friday
Qur'aan Recitation cum Meet & Share Session - Saturday

We post details on our Facebook page
(Nisa' HOPE Network)
and via WhatsApp group

Contact : Ustazah Laila @ 90281906
Email: Laila.a.hassan@hotmail.com

Prison Fellowship
Singapore

"A bruised reed He will not break..." Isaiah 42:3

PRISON FELLOWSHIP SINGAPORE (PFS)

PRE-SENTENCING SUPPORT

Providing them with emotional support and helping them through befriending and counselling

For more info,
call PFS Office at 6384 2338

1 Dorset Road
Singapore 219486

enquiry@pfs.org.sg

Prison Fellowship
Singapore

"A bruised reed He will not break..." Isaiah 42:3

PRISON FELLOWSHIP SINGAPORE (PFS)

MEN CONNECT GROUP

Faith-based programme, to journey with ex-offenders, give assistance in the areas of counselling, skills upgrading etc

Every Saturday
10 am to 12 pm

1 Dorset Road
Singapore 219486

enquiry@pfs.org.sg

Prison Fellowship
Singapore

"A bruised reed He will not break..." Isaiah 42:3

PRISON FELLOWSHIP SINGAPORE (PFS)

CARE CLUB

Community-based programme, volunteers befriend & mentor children of ex-offenders through tuition etc.

Every Saturday
10 am to 12 pm

1 Dorset Road
Singapore 219486

pfs.org.sg/after-care

Prison Fellowship
Singapore

"A bruised reed He will not break..." Isaiah 42:3

PRISON FELLOWSHIP SINGAPORE (PFS)

FAMILY BEFRIENDING

Community-based programme to assist in strengthening of the family and providing conducive environment.

For more info,
call PFS Office at 6384 2338

1 Dorset Road
Singapore 219486

pfs.org.sg/after-care

POPWOW GEMS

Ladies Chit Chat

Safe space for ladies to discuss various topic about women

3rd Friday of each Month
Time: 8pm to 10pm

POPWOW Club & Academy
116 Changi Rd WIS@CHANGI
#04-08 Singapore (419718)
RSVP @ www.popwow.space

Contact Peron : Efah
Contact No: 81835954
Email : info@popwow.space

POPWOW GEMS

Support & Recovery

-Support group, Mentoring & Befriending
-Counselling
-Drop in center
-One year after care programme

Contact Efah for further info

POPWOW Club & Academy
116 Changi Rd WIS@CHANGI
#04-08 Singapore (419718)
RSVP @ www.popwow.space

Contact Peron : Efah
Contact No: 81835954
Email : info@popwow.space

RSG
REFORMING SUPPORT GROUP
Est : 2015
Choice. Chance. Change

RSG Organization

RSG Organization

Mentoring, Befriending, Group Sharing, Community Engagement, Youths at Risk Programmes Engagement, Incare & Aftercare Programmes Engagement

RSG Organization will offer a range of proven impactful activities for individuals in their recovery journey. Our mentoring provides personalized guidance and our befriending creates a supportive network. Our group sharing sessions encourage open dialogue and learning from shared experiences. Our community engagement initiatives promote social integration and connections. We also have specialized programs catered to the needs of at-risk youths and individuals in in-care and aftercare. Through these activities, we aim to empower individuals, foster a sense of community, and facilitate successful rehabilitation and reintegration into society.

Weekly/
Monthly

Midview City, 22 Sin Ming Lane
S(573969)
#04-79

Contact Person: Ramli Abdullah
Mobile: 88848404
Email: ramliabd@rsgcommunity.org

SACA

Singapore Aftercare Association (SACA)

BEFRIENDING

Individual befriending services is mainly for those with no or little family support and would like some pro-social support. Befrienders provide a listening ear and can be tapped upon as a resource person. The befriending is for a period of 6 months

N.A

N.A

volunteer@saca.org.sg

SIKH WELFARE COUNCIL SINGAPORE

SIKH WELFARE COUNCIL

CHARDI KALA CHATS

Support group for sharing on employability and crime free lifestyle.

Tuesday and Friday
Evening

2 Towner Rd
Singapore 327804

Contact No : 6299 92334

SANA

SINGAPORE ANTI-NARCOTICS ASSOCIATION

SINGAPORE ANTI-NARCOTICS ASSOCIATION (SANA)

CONTINUING CARE SUPPORT GROUP

Provide a safe space to discuss one's addiction recovery challenges and success by increasing social support.

Alternate Thursday
7.30 pm to 9.30 pm

Sengkang - 2 Sengkang Square, Singapore 545025;
Taman Jurong - 301A Corporation Road, Singapore 619773
Northwest - 120 Woodlands Avenue 1, Singapore 730538

sana.org.sg/get-in-touch/

TASEK

Uplifting The Community

TASEK ACADEMY AND SOCIAL SERVICES

- Beacon Life Support Group
- Social and Psychoeducational Support Group
- Family Outings (With ex-inmates and their family members)
- Community project (Opportunity to give back to society)

A fortnightly face-to-face support group for ex-inmates. Participants are able to enhance their support network through sharing and learning in a safe environment. Our activities range from psychoeducational talks on employment, financial literacy, scam awareness to sharing about coping techniques, exploring about challenges in reintegration. Our family outings aim to improve bonding between the ex-inmates and their family members.

Monday fortnightly
7.30pm to 9.00pm

Tasek Office
Blk 184 Yung Sheng Road
Spore 610184

Email: davidsiow@tasek.org,
Contact: 69666140/83097847

The Helping Hand

THE HELPING HAND

THE REDEEMDER SUPPORT GROUP

Support group for ex-offenders to journey with them as they reintegrate into the community after their release from prison

Every Thursday
7.45 pm to 9.00 pm

819 Upper Serangoon Road
Singapore 534678

thehelpinghand.org.sg/general-feedback/

DOING THE MOST GOOD®

THE SALVATION ARMY

Overcomer Support Group (OSG)

Open to desistors and their families of all background.

Overcomer Support Group (OSG)

- Provides Life-Skills Training
- Offers a Positive-influencing Community to grow together
- Gives space for Fun Activities
- Gives back through "Do Good" Activities and Serving One Another
- Provides chance to Share about Struggles

Sundays afternoon.
Register in OSG Broadcast List
to be informed on activity sign-up.

Workshop held at Havelock 2
Fun and "Do Good" activities location varies

Hotline (Call/WhatsApp) : 92485336
Email: prisonsupport@smm.salvationarmy.org

DOING THE MOST GOOD®

THE SALVATION ARMY

Selarang Fellowship Group

Faith-based Fellowship Group to help ex-offenders in reintegration journey through strengthening their faith in God and assisting them in practical matters. Open to all ex-offenders, especially those in Selarang Park Complex.

Every Sunday
Time: 9am to 12 noon

7 Upper Changi Road North
Singapore 507705

Hotline (Call/WhatsApp) : 92485336
Email: prisonsupport@smm.salvationarmy.org

DOING THE MOST GOOD®

THE SALVATION ARMY

Community Re-Entry Support Transition (CREST)

Initial 2-week (estimated) support for newly-released ex-offenders of all backgrounds. Befrienders will walk with ex-offenders to help in their reintegration journey by accessing community resources to address their practical needs. At the end of CREST, ex-offenders could choose to be attached to other agencies for longer-term support.

For more info, please call/whatsapp
TSA Prison Support Services Office

7 Upper Changi Road North
Singapore 507705

Hotline (Call/WhatsApp) : 92485336
Email: prisonsupport@smm.salvationarmy.org

DOING THE MOST GOOD®

THE SALVATION ARMY

Aftercare Support Programme (ASP)

1-Year aftercare for newly-released ex-offenders of all backgrounds. Befrienders will walk with ex-offenders to help in their reintegration journey by accessing community resources to address their accommodation, employment, relationship, spiritually and practical needs.

For more info, please call/whatsapp
TSA Prison Support Services Office

7 Upper Changi Road North
Singapore 507705

Hotline (Call/WhatsApp) : 92485336
Email: prisonsupport@smm.salvationarmy.org

XOFG

X-Offenders For Good

OFG (X-Offenders for Good)

AFTERCARE SUPPORT GROUP

To drive a movement and build a community of XOs who dedicate their lives 'For Good', through Education and Empowerment.

Every Tuesday
7 pm to 10 pm

Pls contact us at info
@architectsoflife.sg

https://xofg.architectsoflife.sg/

YOUTH GUIDANCE
outreach
services
青年引导

YGOS-
Community Rehabilitation Centre

Home Leave Support Group

Safe environment and space for clients to share about their struggle in their home environment and struggle with their loved ones.

Monthly follow up to ensure client are engaged meaningfully in employment & education.

Operating Days :
4th Fridays' of each month
From 7-9pm

Meet at YGOS- Drop – In Centre

Email: senghong@ygos.org.sg

PERSONAL DEVELOPMENT ACTIVITIES

www.adamexplorer.com

Adam Explorer

Develop you P.A.C.E

P.A.C.E is a holistic personal development program structured for youth between 13-23 years old. Our bespoke and curated core program, P.A.C.E – Personal Development, Athlete Development, Community Development and Entrepreneurship Development aims to provide opportunities for our participants to dive deep to discover their personal potential and excel in these areas. It is designed to provide participants with a well-rounded and fulfilling life, nurturing their personal growth, athletic prowess, engagement with the community and entrepreneurial skills. By setting clear goals, tracking progress, and staying motivated, we help them to develop grit and staying power to overcome challenges and setbacks.

Weekends
8am to 10am

Multiple Location
-Republic Plaza
Sengkang Sports Hall
-One Commonwealth

Contact Person : Muhammad Dzulkifly
Contact No: 97923487
Email: dzul@adamexplorer.com

AGAPE CONNECTING PEOPLE

AGAPE TRANSFORMATION PROGRAMME (ATP)

Self-development and Reintegration Programme

2 to 3 batches of classes
conducted monthly

31 Ubi Road #03-06
Aztech Building
Singapore 408694

nooren@agape-cp.com

AGAPE
SERVICES

A Social Enterprise of Far East Organization

AGAPE SERVICES PTE LTD

Employment Opportunities

Provide employment opportunities for desistors
Laundry Attendants and Cleaning Services

Evergreen Positions

Interviews held in
Woods Square Tower 2

thanechan@fareast.com

ARCHITECTSOFLIFE

ARCHITECTS OF LIFE

XOA (XO-ACCELERATOR) PROGRAM)

Training & mentoring program designed to help develop self-confidence & personal mastery to overcome negative mindset &personal setbacks.

5 Session programme
Held Weekly

Near City Hall
/Dhoby Ghaut

isaac@architectsoflife.sg

AMP SINGAPORE

ASSOCIATION OF MUSLIM PROFESSIONALS (AMP)

ADOPT A FAMILY & YOUTH SCHEME (AFYS)

Encourage self-reliance within disadvantaged families through skills training and family life workshops.

Mondays to Fridays
9 am to 6 pm
Closed on Weekends & Public Holidays

1 Pasir Ris Drive 4
#05-11
Singapore 519457

yassemin@amp.org.sg

CONNECTCENTRE

Connect Centre Pte Ltd

Skills Training

Founded in 2004, Connect Centre Pte Ltd is a multi-channel outsourced Contact Centre and Social Enterprise that provides customer relationship management solutions. Our service includes Customer Service, Fault Reporting/Technical Support, Facilities Management, Tele-Sales/Tele-Marketing, Emergency Response and Administrative Back-office, delivered with state-of-art contact center omni-channel technologies, across inbound and outbound Phone Voice calls, non-voice channels such as SMS, Website Live-Chat, webchats, email, WhatsApp, AI chatbots and other online service.

We work closely with SPS & Yellow Ribbon Singapore to offer training and employment opportunities to the existing in-mates and ex-offenders. Currently 90% of our Call agents were ex-offenders and a cluster center inside Changi Prisons. Through our business, we as Social Enterprise, also able to provide employment opportunities to existing inmates and ex-offenders.

Operates 24/7

https://connectcentregroup.com/

For more info our BPO Services and pricing
Please email to : contact@connectcentregroup.com

FITRAH

Family and Inmates ThRoughcare Assistance Haven

FAMILY AND INMATES THROUGHCARE ASSISTANCE HAVEN (FITRAH)

Islamic Learning

FITRAH understand the importance of spiritual growth and knowledge in the journey towards successful reintegration into society. FITRAH is offering assistance to desistors and family members who wish to further their Islamic learning education. FITRAH will assess and connect them with the appropriate mosques or Islamic learning centers based on their location and preferences.

N.A

En-Naeem Mosque
120 Tampines Road
Singapore 535136

Contact : 83182695
Email: contact@fitrah.sgmosque.com

HUG COMMUNITY SERVICES LTD

Life Shaping Programme (LSP)

A mentorship & apprenticeship programme as a continuous programme from the HUG2Hearts (prison throughcare programme). It aims to support desistor (ex-offenders) on their path of transformation by helping others with similar backgrounds.

The desistor will be attached to HUG Community Services through training and a community apprenticeship program to help rehabilitate and provide hope to families of HUG Community Service (HCS) beneficiaries. This programme also uses the train the trainer's concept to aim to build a new generation of social workers with genuine experience and empathy for our beneficiaries

2nd and 4th Friday of each month,
7.30 pm to 9.30 pm (TBC)

HUG Community Services Limited 200 Toa Payoh North, Toa Payoh Spring #01-1033
Singapore 310200

Contact: 80281150
Email: desistornetwork@hug.org.sg
Webiste : www.hug.org.sg

ISCOS

You've got a friend

Industrial & Services Co-operative Society Ltd (ISCOS)

Skills Assistance Subsidy Scheme (SASS)

SASS is a programme, an initiative to promote ex-offender's career progression. A program for ex-offenders to apply for subsidized training courses which are beneficial to one's career.

Eligible applicants may receive $800 of course subsidies to offset their total course fees. Some courses may include application of driving licenses, safety, construction related.

Application open all year

Application open all year

Contact No: 68050810
Email: ms@iscos.org.sg

LOVING HAND
FELLOWSHIP

lhf.sg

Loving Hand Fellowship

12 Steps Celebrate Recovery

Celebrate recovery is a Christian faith-based adaptation of the internationally recognised 12-step program used by rehabilitation centres and organizations to address drug addiction and other compulsive behaviours. We provide ongoing aftercare support to individuals in their recovery journey, especially those who have faithfully attended our in-care Chapel services. Our focus is on helping them discover themselves, teaching coping skills, promoting a positive lifestyle and empowering them with a pro-social support community in helping them wean off addictions.

2nd and 4th Mondays of the month
7.30pm to 9.30pm

Living Hope Evangelism
#02-01
20 Ubi Cresent, Ubi Techpark S(408565)

Edward Yap : 96658992
Chee Cheong : 97823355

Muslim Counselling Service

MCS

A HEALTHY AND DRUG-FREE COMMUNITY

MUSLIM COUNSELLING SERVICES (MCS)

Programme YSI

Programme YSI: A holistic faith-based programme that focuses on the struggles and journey towards redemption. Using the principles of Conviction, Perseverance and Consistency (Yakin, Sabar, Istiqahmah)

Quranic-based classes : Desistor can choose to attend any of the classes held, where spiritually is used as the main tool to face and overcome challenges in their recovery journey. Lessons learnt will act as principles in real-life situation.

Every Monday, Wednesday & Friday,
Time: 7pm to 10pm

Hexacube, 160 Changi Road
S(419728) ##04-07
Desistors can also join via Zoom/
FB Live on YSI Facebook Page

Ustad Basir Md Shariff
Contact No: 88754919
Email: mdbasirshariff@gmail.com / admin@mcssg.org.sg

Singapore Buddhist Federation

- Outing activities to places of interest and prominent landmarks
- Series of talk on mental health, emotional control, cyber health and digitalization
- Series of Dharma lesson for spiritual purification
- Guided sharing session conducted by leaned monks on life journey
- These activities, although not an exhaustive list, aims to strengthen them spiritually and facilitate their reintegration with their families, friends and society

Every Sunday
3pm to 5.30pm
Dharma Study, Food Sharing, Personal mentoring, Sutra Chanting

SBF Lecture Hall

Tel: 67444635
Email: Charity@buddist.org.sg

Tarkiz Pte Ltd

Personal Growth Training & Workshop
Mentoring Workshop & Team Building Activities

Aiming to training desistors to rewrite their new life's narratives and equipping the potential mentors to continue to replicate the process to decrease recidivism.

Ongoing Programmes
Monday nights
Weekly

Multiple physical venue

POC: Dr. (H.C) Mohamad Riduan Ishak
Contact No: 97957725
Email email hello@tarkiz.com.sg

DROP-IN CENTRE & GROUP RECREATIONAL ACTIVITIES

BapaHebatSG

Supporting the Fathering Journey

BAPAHEBAT SG (BHSG)

TEHTARIK WITH DADS TALK SERIES

Indoor and outdoor activities to build closer bonding with and appreciation of their children.

Run on a quarterly basis,
advertised 2 months before the event

32, Pekin Street #05-01
Singapore 048762

info@bapahebatsg.org

BREAK THE CYCLE (BTC)

CYCLING-SUPPORT GROUP

Using cycling to promote personal development and to facilitate pro social activities and events for reintegration.
Through the sport of cycling, we inspire motivation and discipline for an ex-offender to develop goals. And through the cycling community, we provide a support group that is accepting and inclusive to sustain their reintegration.

Every Tuesdays (9pm to 11pm),
Every Thursdays (9pm to 11pm) and
Every Sundays (6am to 10am).

Meeting points varies but mostly at Causarina Car Park at Upper Thomson or Seletar JTC Aviation 2.

Breakthecycle.sg@gmail.com
www.Facebook.com/breakthecyclesg

Prison Fellowship
Singapore

"A bruised reed He will not break..." Isaiah 42:3

PRISON FELLOWSHIP SINGAPORE (PFS)

DROP-IN CENTRE

To extend the drop-in Centre to help and support ex-offenders and their families.

Monday to Friday
(Except Public Holiday)
8.30 am to 6.00 pm

1 Dorset Road
Singapore 219486

enquiry@pfs.org.sg

POPWOW GEMS

Nature Walk

Ccommunity Nature Walk : Embrace the Outdoors Together "Step into the heart of nature with your community in this enriching, guided nature walk. Discover the hidden beautify of your local environment as you explore winding trails and uncover the wonders of the natural world. This experience is designed for all ages and aims to foster a deeper connection with the outdoors, enhances mental and emotional wellbeing, all while connecting with fellow nature enthusiast. Join us for a memorable e journey throughout our backyard wilderness.

1st or 2nd Sunday of each month
8am to 11am

Various location in Singapore.
Check www.popwow.space for meeting places

Contact Peron : Efah
Contact No: 81835954
Email : info@popwow.space

POPWOW GEMS

Pool Party – Ladies Only

Safe space for ladies to enjoy a fun time at the pool

4th Saturday of each month
Time : 4pm to 6pm

POPWOW Club & Academy
116 Changi Rd WIS@CHANGI
#04-08 Singapore (419718)
RSVP @ www.popwow.space

Contact Peron : Efah
Contact No: 81835954
Email : info@popwow.space

POPWOW GEMS

Weekly Classes

-Swimming, Pilates, Kickboxing
-Quraan for Beginners & Basic Religious knowledge
-Massage
-Website & Graphic design

Contact Efah for further info

POPWOW Club & Academy
116 Changi Rd WIS@CHANGI
#04-08 Singapore (419718)
RSVP @ www.popwow.space

Contact Peron : Efah
Contact No: 81835954
Email : info@popwow.space

YOUTH GUIDANCE
outreach
services
青年引导

YOUTH GUIDANCE OUTREACH SERVICES (YGOS)

AFTERCARE SUPPORT GROUP

Quadrimester outdoor activities
(Rock climbing, BBQ, Kayaking, outdoor activity)

Every Monday
7 pm to 10 pm

YGOS Woodlands Center
Singapore

senghong@ygos.org.sg

COUNSELLING AND THERAPY

Prison Fellowship
Singapore

"A bruised reed He will not break..." Isaiah 42:3

PRISON FELLOWSHIP SINGAPORE (PFS) COUNSELLING SUPPORT

COUNSELLING SUPPORT

Provide counselling and therapy work, helping inmates, ex-offenders and their families to re-integrate into society.

For appointment, call PFS Office at 6384 2338

1 Dorset Road Singapore 219386

pfs.org.sg/after-care

SHELTER SERVICES

The T Project

Shelter Services

The Alicia Project SG Ltd is the first and only trans-focused community service in Singapore. Founded in 2014, The Alicia Project SG Ltd now has The T Project, a homeless shelter, which provides a safe haven for the homeless in the community while they seek employment, healthcare, and more permanent accommodations. We work with hospitals, social workers, and government organisations, to support better services and care for the community. Our mission is to support Singapore's transgender community through providing a safe space and social service, allowing them to live their fairy tale life.

N/A

N/A

Kindly fill up the application form and social report on our website (https://www.thetprojectsg.org/application) and send it back to us at contact@thetprojectsg.org.

Watchman's Home Community Services Ltd

Provision of Shelter

Shelter support

Date and time
for interview can be arranged

1035 Upper Changi Road North,
Singapore 507676

Contact No: 88771935
Email: watchmanhome.sg@gmail.com

GIVE BACK ACTIVITIES

a voice to be heard

let's talk about it

A Voice To Be Heard Limited

T.H.R.I.V.E

T.H.R.I.V.E. (Reclaim Your Life Through Enrichment; a non-clinical addiction recovery approach) The T.H.R.I.V.E. program is a signature flagship enrichment program designed to support individuals on their mental wellness and addiction recovery journey.

Hybrid (physical and virtual on Zoom) June 2024 - November 2024 Posted: AV2BH.sg / LinkedIn / Facebook / Instagram

Hybrid (physical and virtual on Zoom) June 2024 - November 2024 Posted: AV2BH.sg / LinkedIn / Facebook / Instagram

hello@av2bh.sg Mobile: Whatsapp / Call - 8690 1087

animal-assisted interactions sg

ANIMAL-ASSITSTED INTERACTION SINGAPORE (AAISG)

You would join aaisg's dogs and their owner to participate in our programmes. Our programmes include visiting nursing homes and senior centers to bring joy to the seniors there with our dogs or working with youth at risk to help them develop resilience or a growth mindset.

You will be part of supportive community made up of people who love dogs, and who want to partner with dogs to give back to the community.

Dates and times of sessions vary.
Most session take places on weekdays

Location vary depending on the client

info@aai.sg

FITRAH

Family and Inmates ThRoughcare Assistance Haven

FAMILY AND INMATES THROUGHCARE ASSISTANCE HAVEN (FITRAH)

Community Give Back Projects

These projects can help desistors and families develop a sense of purpose, build positive relationships, and providing connection with the community.

N.A

En-Naeem Mosque
120 Tampines Road
Singapore 535136

Contact : 83182695
Email: contact@fitrah.sgmosque.com

Human-animal bond In Ministry (HIM)

Community Project at Woodlands Botanical Garden

An Animal-Assisted Activities, with Biophilia (natural environment) theory to explicate therapeutic effects: Animal-assisted activities provide opportunities for motivational, educational, and/or recreational benefits to enhance quality of life. While more informal in nature, these activities are delivered by a specially trained professional, paraprofessional, and/or volunteer, in partnership with an animal that meets specific criteria for suitability.

Experiences in natural environments and interactions with animals share the ability to reduce stress and anxiety. The beautiful part of HIM's AAI works is, we engage & empower our community (eg the ex-offenders as facilitators) to conduct the sessions. This also provides them a source of supplementary income as HIM provides a stipend to them who are still in transition (not employed yet). It is also their chance to give back to the society in serving the SSA's beneficiaries

First Saturday of every month

Blk 134 Marsiling Road

Whatsapp: +65 69129759
Signup: bit.lyy/AAAatWBG

POPWOW GEMS

Community Activities

-Volunteering opportunities for charity events
-Fundraising for community programmes

Contact Efah for further info

POPWOW Club & Academy
116 Changi Rd WIS@CHANGI
#04-08 Singapore (419718)
RSVP @ www.popwow.space

Contact Peron : Efah
Contact No: 81835954
Email : info@popwow.space