MINISTRY OF HEALTH
SINGAPORE

HMDP Visiting Experts FY25

OFFICIAL PROGRAMME

Note:
The programme is accurate at the time of publication, and is subject to change at any time without prior notice.

EXPERT NAME	START DATE	END DATE
Prof Lisa Christopher-Stine	**15 Jun 2026**	**19 Jun 2026**

SPECIALTY/TITLE OF PROGRAMME	HOSTING INSTITUTION
Myositis	**SGH**

DATE AND DAY	TIME	ACTIVITIES	Training Objectives	NTP* (YES/NO)	VENUE AND CAPACITY	NAME AND EMAIL OF COORDINATOR
15 Jun 2026 (Monday)	09:00 – 10:30	Tour of hospital, clinic	To introduce visiting experts to hospital and clinic operations, patient pathways, and multidisciplinary workflows to facilitate exchange of best practices in multidisciplinary care and service delivery.	No	SGH, ARC, Immunohub, SGH Research Lab	
	10:30 – 12:00	**Anti-synthetase syndrome** (60min talk + 30min discussion)	To provide an expert overview of the diagnosis and management of anti-synthetase syndrome.	No	Academia AC 4-1	
	12:00 – 14:00	Lunch Break	Foster professional relationships and future research partnerships.	No	TBC	
	14:00 – 15:30	**Connective Tissue Disease – Interstitial Lung Disease** (60min talk + 30min discussion)	To provide an overview of the diagnosis and management of connective tissue disease–associated interstitial lung disease across multidisciplinary care settings.	No	Academia AC 5-3	
	15:00 – 15:30	Tea Break	To foster professional relationships and future research partnerships.	No	TBC	
	15:30 – 17:00	**Multi-Disciplinary Team Discussion – CTD-ILD (90 mins)** **Format: 2 cases for discussion** Inviting Respi (ILD) and Radiology colleagues	To review the multidisciplinary approach to the diagnosis and management of connective tissue disease–associated interstitial lung disease. To strengthen collaboration between rheumatology, respiratory, and radiology teams to support early detection and aligned decision-making to improve patient outcomes.	No	Academia AC 5-3	

*NTP – National Training Programme

DATE AND DAY	TIME	ACTIVITIES	Training Objectives	NTP* (YES/NO)	VENUE AND CAPACITY	NAME AND EMAIL OF COORDINATOR
16 Jun 2026 (Tuesday)	09:00	Arrival at NUH	Arrival and welcome	No	NUH Tower Block Foyer	
	09:00 – 09:45	Tour of NUH	To introduce visiting experts to hospital and clinic operations, patient pathways, and multidisciplinary workflows to facilitate exchange of best practices in multidisciplinary care and service delivery.	No	OPIC, rheumatology clinic, KIV Neuro Lab	
	09:45 – 10:30	**Paediatric myositis** (30min talk, 15min QnA)	To provide an overview of the diagnosis and management of paediatric myositis across the care continuum.	No	NUH Tower Block T10-02	
	10:30 – 10:45	Tea Break	To foster professional relationships and future research partnerships.	No	NUH Tower Block T10 foyer	
	10:45 – 11:30	**Immune mediated necrotising myositis** (30min talk, 15min QnA)	To provide overview of the diagnosis and management of pediatric immune-mediated necrotizing myositis	No	NUH Tower Block T10-02	
	11:30 – 12:00	**Round table meeting** Format: case presentation by NUH: paediatric transitioned to adult IMNM	Analyze the clinical evolution and long-term management of pediatric-onset IMNM through a complex case study	No	NUH Tower Block T10-02	
	12:10 – 12:45	PATIENT REVIEW at Paediatric transitioned to adult IMNM	Conduct a comprehensive clinical assessment of a transition-age IMNM patient to identify longitudinal challenges of the clinical management from childhood through adulthood.	No	NUH Medicine Clinic (Medical centre level 13)	
	13:00 – 14:00	Lunch break	To foster professional relationships and future research partnerships.	No	KIV Tower Block OR Geneo OR nearby to NUH	
	14:15 – 15:00	**Anti-synthetase Syndrome** (30min talk, 15min QnA) Note: part of National Core Rheumatology Series (NCRS) teaching	Provide an overview of evidence-based, multidisciplinary management plans that prioritize early screening and aggressive treatment	Yes	NUH Tower Block T10-02	
	15:00 – 15:15	Tea/Coffee Break	To foster professional relationships and future research partnerships.	No	NUH Tower Block T10 foyer	

	15:15 – 17:15	NCRS: PATIENT REVIEW and discussion Format: (tentative) 2 patients, one MDA5, one antisynthetase – 1 hour per patient) SR to do long case (initial presentation, current assessment), Prof Stine to comment on management and assessment	Critically evaluate the longitudinal management of MDA5 and Anti-synthetase syndrome through bedside assessment,	Yes	NUH Tower Block T10-02	

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17 Jun 2026 (Wednesday)	09:00 – 10.30	Discussion over breakfast	To foster professional relationship, to discuss latest advances in myositis disease research, diagnostic challenges, and patient-centered therapeutic strategies	No	TBC	
	10:30 – 12:00	**Research meeting** Agenda includes: sharing of local data, explore research collaborations	Appraise current local myositis registry data and clinical cohorts to identify unique unmet needs. Identify strategic opportunities for international research collaborations	No	Academia AC 4-1	
	12:00 – 14:00	Lunch Break	To foster professional relationships and future research partnerships.	No	TBC	
	14:00 – 15:30	**MDA-5 – Interstitial Lung Disease** (60min talk + 30min discussion)	Master the early recognition, risk-stratification and management of Rapidly Progressive Interstitial Lung Disease (RP-ILD) in MDA5-positive patients.	No	Academia AC 4-1	
	15:30 – 17:00	Grand Ward Round (case discussion)	Apply advanced clinical reasoning to synthesize complex history, physical findings, and serological data into a cohesive management plan for complex cases.	No	Academia AC 4-1	

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18 Jun 2026 (Thursday)	09:00 – 09:30	Meet-and-greet, breakfast, intro to TTSH	Meet and greet	No		
	09:30 – 11:00	**Cancer related myositis** (60 min talk + 30 min discussion)	To review diagnosis, risk-stratification and management of cancer-associated myositis	No		
	11:00 – 12:00	Tour of TTSH RAI facilities	To introduce visiting experts to hospital and clinic operations, patient pathways, and multidisciplinary workflows to facilitate exchange of best practices in multidisciplinary care and service delivery.	No		
	13:00 – 14:30	**Multi-disciplinary team (MDT) discussion: CTD-ILD**	To review the multidisciplinary approach to the diagnosis and management of connective tissue disease–associated interstitial lung disease. To strengthen collaboration between rheumatology, respiratory, and radiology teams to support early detection and aligned decision-making, to improve patient outcomes.	No		
	14:30 – 15:00	Tea break	To foster professional relationships and future research partnerships.	No		
	15:00 – 16:30	**Auto-antibodies** (60 min talk + 30 min discussion) Contents: Diagnosis, prognosis in relation to autoantibodies Classification, treat to target, improving MSA detection technique	Systematize the use of myositis-specific antibodies (MSAs) to classify phenotypes, predict disease trajectories, and implement treat-to-target strategies while evaluating emerging techniques to enhance diagnostic sensitivity.	No		

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19 Jun 2026 (Friday)	09:00 – 10:30	Discussion over breakfast	To foster professional relationship, to discuss latest advances in myositis disease research, diagnostic challenges, and patient-centered therapeutic strategies	No	TBC	
	10:30 – 11:30	Clinical case discussion	Synthesize multi-day program insights to formulate advanced management plans for complex myositis cases.	No	Academia AC 4-2	
	11:30 – 12:30	Lunch break	Encourage the collaborative synthesis of talks and discussions in a relaxed setting to foster professional relationships and future research partnerships.	No	TBC	
	12:30 – 13:30	**Statin myopathy – What every non-rheumatologist should know** Part of Internal Medicine Residency Teaching Audiences include nurses, allied health professionals	Distinguish benign statin-associated muscle symptoms from serious autoimmune necrotizing myopathy to ensure timely specialist referral and the safe management of cardiovascular risk across multidisciplinary care teams.	No	Academia Whitespace, Level 2	
	14:00 – 17:00	**Report writing**	Formulate a structured post-program action plan to translate expert clinical insights into service improvements and potentially long-term research collaborations	No	Back to hotel	