

## TRAINING MATERIALS

Training materials on the expected safety, quality, and labelling standards for Health Supplements (HS) and Traditional Medicines (TM).

Please click on the topics below to view the training materials.

- [Ingredient safety in HS and TM](#) (2022)
- [Health claims substantiation in HS and TM](#) (2022)
- [Labelling standards in HS and TM](#) (2022)
- [Manufacturing standards for HS and TM](#) (2022)
- [Product testing requirements for HS and TM](#) (2022)
- [Physical test parameters for various dosage forms of HS and TM](#) (2022)
- [Regulatory controls of CHP](#) (2023)
- [Ingredient safety in HS and TM](#) (2023)
- [Manufacturing standards for HS and TM](#) (2023)
- [Physical test parameters for dosage forms](#) (2023)
- [Health claims and substantiation for HS and TM](#) (2023)
- [Labelling requirements of HS and TM](#) (2023)
- [Testing requirements of HS and TM](#) (2023)
- [Safety first: What to know before marketing your product \[video\]](#) (2024)
- [Fact or fiction: Making sure your health claim holds weight \[video\]](#) (2024)
- [Protecting consumers from diethylene glycol / ethylene glycol contamination in CHP \[video\]](#) (2024)
- [Spotting ingredient red flags in CHP \[video\]](#) (2025)
- [Making sense of labelling requirements \[video\]](#) (2025)
- [Protecting consumers: Your role in product safety reporting \[video\]](#) (2025)