

List of activities

Your journey to finding your next role begins today. Start exploring activities tailored to support your job search and earn points along the way.

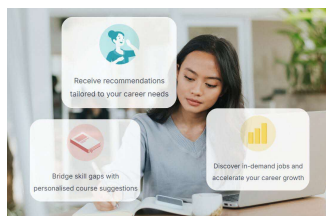


Chart your career with CareersFinder

2 points

Online

Unsure of the steps to grow your career? [CareersFinder](#) provides personalised upskilling and career recommendations by analysing your unique profile. [Take the quiz today!](#)

How to complete

If you have completed the CareersFinder Quiz, you will receive career recommendations on your completion page. Upload a screenshot of one of your recommended occupations' information page as supporting document.

Important to note

You can only earn points from this activity **1 time (max. 2 points) per activity period.**



Attend a Career & Skills Advisory or career coaching session

4 points

Hybrid

Receive guidance through career coaching or advisory services! Not sure where to start? Explore coaching options from [Skills and Workforce Development Agency, NTUC e2i, Ingeus and AKG \(SWDA-Supported Providers\)](#).

How to complete

First coaching/advisory session by SWDA-Supported Providers

If you have attended your first coaching/advisory session or Career Catalyst from Skills and Workforce Development Agency, NTUC e2i, Ingeus or AKG, no supporting documents or further actions are needed. Your session will be automatically tracked, and points will be awarded within the next 5 working days.

All other career coaching/advisory sessions

If you have attended any of the below:

- Follow-up coaching/advisory session with a SWDA-Supported Provider
- Career advisory at Connect On-the-Go by SWDA
- Career coaching/advisory from other providers

Please upload screenshots or follow-up emails with the following details:

- Your name
- Coaching/Advisory company
- Date of session
- Indication that it is a career coaching/advisory session
- Indication that you have attended the session

Important to note

You can only earn points from this activity **1 time (max. 4 point) per activity period.**



Browse or subscribe to career-related content

1 point

Online

Discover career opportunities and insights by exploring or subscribing to career-related content! Not sure where to start? Visit [CareersCompass](#) for career-related content, or subscribe to the [Skills and Workforce Development Agency channel](#) on Telegram.

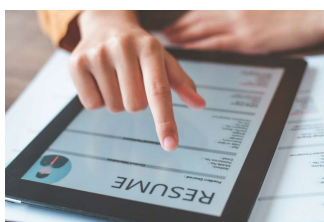
How to complete

If you have subscribed to or browsed career-related content, upload screenshots or files with the following details:

- Website/channel/subscription name
- Details on career-related content

Important to note

You can only earn points from this activity **2 times (max. 2 points) per activity period.**



Update your resume on an online job portal

2 points

Online

Maximise your job prospects with an updated resume! Visit any online job portal and update your profile with your latest resume. Not sure where to start? Visit [MyCareersFuture](#) and upload your latest resume to your profile.

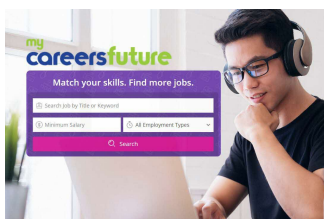
How to complete

If you have updated your resume online, upload screenshots or files with the following details:

- Job portal name
- Screenshot of your latest completed employment profile showing that you have successfully uploaded your resume

Important to note

You can only earn points from this activity **1 time (max. 2 points) per activity period.**



Submit a job application

1 point

Hybrid

Take action and submit a job application today! Not sure where to start? Log into [MyCareersFuture](#) to explore relevant opportunities and apply.

How to complete

MyCareersFuture

If you have submitted a job application on [MyCareersFuture](#), no supporting documents or further actions are needed. The job application will be automatically tracked, and points will be awarded by the next working day.

Other job portals

If you have submitted a job application on other job portals, upload screenshots or files showing that you have successfully submitted your job application, with the following details:

- Your name
- Job portal or platform name
- Job details (e.g. title, company)

Important to note

You can only earn points from this activity **5 times (max. 5 points) per activity period.**



Register with an employment agency

1 point

Hybrid

Access more job opportunities by registering with a [MOM-registered employment agency!](#)

How to complete

If you have registered for job search with an employment agency, upload screenshots or files with the following details:

- Date of registration
- Your name
- Employment agency name

Important to note

You can only earn points from this activity **1 time (max. 1 point) per activity period.**



Attend a career-related event, workshop or seminar

2 points

Hybrid

Enhance your job search journey through career-related events, workshops or seminars. Not sure where to start? [Check out Skills and Workforce Development Agency's upcoming events.](#)

How to complete

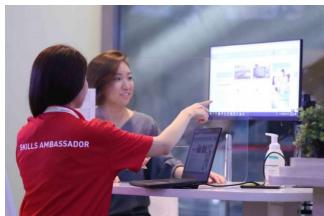
If you have attended a career-related event, workshop or seminar, upload supporting document(s) such as screenshots or PDF files with the following details:

- Date of event/workshop/seminar
- Your name
- Event/workshop/seminar title
- Name of organiser
- Indication of your attendance

If you attended a Career Energiser workshop, no supporting documents or further actions are needed. Your attendance will be automatically tracked, and points will be awarded within the next 5 working days.

Important to note

You can only earn points from this activity **3 times (max. 6 points) per activity period.**



Complete a SkillsFuture Advice workshop

1 point

Hybrid

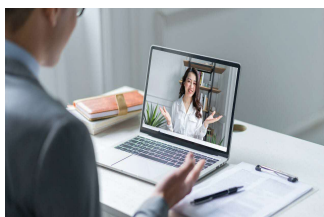
Explore how upskilling can boost your career progression or transition through a [SkillsFuture Advice workshop](#) by Skills and Workforce Development Agency!

How to complete

If you have attended a [SkillsFuture Advice workshop](#), upload the post-consultation email you received from attending the session as supporting document.

Important to note

You can only earn points from this activity **1 time (max. 1 point) per activity period.**



Network with an Industry Professional

3 points

Hybrid

Receive industry knowledge and guidance by networking with an industry professional. Not sure where to start? Connect with a [Volunteer Career Advisor](#) through Skills and Workforce Development Agency to receive sector and job-specific career advice from industry veterans.

How to complete

If you attended a networking session with an industry professional, upload screenshots or files such as an email exchange with the following details:

- Date of networking session
- Your name
- Profile of the industry professional
- Details of the networking session

Important to note

You can only earn points from this activity **1 time (max. 3 points) per activity period.**



Apply for a job attachment programme

1 point

Online

Gain industry experience by applying for a [Career Conversion Programme](#) or [Mid-Career Pathways Programme](#)!

How to complete

If you have applied for a job attachment programme, upload screenshots or email of your application with the following details:

- Date of application
- Your name
- Programme name

Important to note

You can only earn points from this activity **3 times (max. 3 points) per activity period.**



Attend a training course

2 points

Hybrid

Start your upskilling journey today! Visit [MySkillsFuture](#) to discover supported training opportunities such as those under the [SkillsFuture Level-Up Programme](#) and boost your job search.

How to complete

If you have started attending a training course, upload screenshots or files such as your course invoice or confirmation email from the training provider with the following details:

- Your name
- Course start date
- Name of training provider
- Course title

Important to note

You can only earn points from this activity **1 time (max. 2 points) per activity period.**



Participate in an employment-related volunteer programme

2 points

In-Person

Take part in a volunteering programme that is relevant to your career goals!

How to complete

If you have participated in a volunteer programme, upload screenshots or files with the following details:

- Date/time of activity
- Your name
- Name of organiser
- Volunteering opportunity details
- Indication of your completion/attendance



Attend a job interview

4 points

Hybrid

Congratulations on landing a job interview!

How to complete

If you have attended a job interview, upload screenshots or files with the following details:

- Date/time of interview
- Your name
- Interviewing company name
- Job title
- Indication that you have attended the job interview