

NATIONAL REGISTRY OF EXERCISE PROFESSIONALS - RECOGNISED BES EQUIVALENT CERTIFICATION LIST

| S/N | Certification Provider | Name | Level |
|-----|--|---|---------------|
| 1 | American College of Sports Medicine (ACSM) | Personal Trainer | Certification |
| 2 | American College of Sports Medicine (ACSM) | Group Exercise Instructor | Certification |
| 3 | American Council of Exercise (ACE) | Personal Trainer | Certification |
| 4 | American Council of Exercise (ACE) | Group Fitness Instructor | Certification |
| 5 | American Fitness Professionals and Associates (AFPA) | Certified Personal Trainer | Certification |
| 6 | American Fitness Professionals and Associates (AFPA) | Personal Trainer | Certification |
| 7 | Aquatic Exercise Association (AEA) | Aquatic Fitness Professional (AFP) | Certification |
| 8 | Athletics and Fitness Association of America (AFAA) | Personal Trainer | Certification |
| 9 | Athletics and Fitness Association of America (AFAA) | Group Fitness Instructor | Certification |
| 10 | Athletics and Fitness Association of America (AFAA) | Primary Group Exercise Certification | Certification |
| 11 | Auckland University of Technology (AUT) | Diploma in Sport Science and Management | Diploma |
| 12 | Australian Fitness Academy Asia (AFA Asia) | Certified Personal Trainer | Certification |
| 13 | Australian Institute of Fitness | SIS30321 Certificate III in Fitness | Certification |
| 14 | Australian Institute of Fitness | Australia Cert IV in Fitness | Certification |
| 15 | Australian Strength & Conditioning Association (ASCA) | Level 1 Strength and Conditioning Coach Accreditation | Certification |
| 16 | Brookbush Institute | Certified Personal Trainer | Certification |
| 17 | CrossFit | Level 1 Certificate Course | Certification |
| 18 | CrossFit | Level 2 Certificate Course | Certification |
| 19 | CrossFit | Level 3 Certified CrossFit Trainer | Certification |
| 20 | Edinburgh Napier University | Bachelor of Science (Sports & Exercise Science) | Bachelors |
| 21 | Edith Cowan University | Degree in Sports Science | Bachelors |
| 22 | EHSAsia | Basic Exercise Science Course | Certification |
| 23 | EHSAsia | Fitness Trainer Course | Certification |
| 24 | ESMAAsia | Fitness Trainer Certification Course | Certification |
| 25 | Exercise is Medicine | Exercise Prescription Course | Certification |
| 26 | Exercise Science and Medicine Asia (ESMAAsia) | Fitness Trainer Certification Course | Certification |
| 27 | Federation of International Sports, Aerobics and Fitness (FISAF) | Personal Trainer | Certification |
| 28 | Federation of International Sports, Aerobics and Fitness (FISAF) | Group Exercise Instructor | Certification |
| 29 | Federation of International Sports, Aerobics and Fitness (FISAF) | Aerobic Instructor & Group Exercise Instructor | Certification |
| 30 | Federation of International Sports, Aerobics and Fitness (FISAF) | Fitness Leader and Personal Trainer | Certification |
| 31 | Federation of International Sports, Aerobics and Fitness (FISAF) | Fitness Instructor and Personal Trainer | Certification |
| 32 | Federation of International Sports, Aerobics and Fitness (FISAF) | Level 1 Core Fitness Course | Certification |
| 33 | Federation of International Sports, Aerobics and Fitness (FISAF) | Aqua Instructor | Certification |
| 34 | Fit Asia | Exercise Science Essentials | Certification |
| 35 | Fitness EduTraining Asia (FEA) | Fitness Instructor (EQF Level 3) | Certification |
| 36 | Institute of Sports Science & Technology | Masters Programme in Sports Sciences | Masters |
| 37 | Institute of Technical Education (ITE) | Work-study Diploma in Fitness Management | Diploma |
| 38 | Institute of Technical Education (ITE) | Higher Nitec in Sport Management | Higher Nitec |
| 39 | Interactive Fitness Trainers of America (IFTA) | Personal Trainer | Certification |
| 40 | Interactive Fitness Trainers of America (IFTA) | Group Fitness Instructor | Certification |
| 41 | Interactive Fitness Trainers of America (IFTA) | Group Fitness Leader Primary Certification | Certification |
| 42 | International Fitness Professional Association (IFPA) | Personal Fitness Trainer | Certification |
| 43 | International Management and Sports College Pte Ltd (IMSC) | Diploma in Sports Science & Management | Diploma |
| 44 | International Management and Sports College Pte Ltd (IMSC) | Diploma in Sports Science & Coaching | Diploma |
| 45 | International Management and Sports College Pte Ltd (IMSC) | International Sports Diploma in Sports & Exercise Science (Sport Fitness) | Diploma |
| 46 | International Management and Sports College Pte Ltd (IMSC) | Bachelor of Science in Sport and Exercise Science | Bachelors |
| 47 | International Pole & Aerial Sports Federation | Level 1 Anatomy, Physiology and Biomechanics | Certification |
| 48 | International Sports Academy (ISA) | Certified Personal Trainer Course | Certification |

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| 49 | International Sports Science Association (ISSA) | Personal Trainer | Certification |
| 50 | Kaplan | Bachelor of Science (Honours) in Sports & Exercise Science | Bachelors |
| 51 | Kaplan | Bachelor of Science (Honours) in Sports Performance & Coaching | Bachelors |
| 52 | Kaplan | Diploma in Sports and Exercise Science | Diploma |
| 53 | KMCH College of Physiotherapy | Bachelor of Physiotherapy | Bachelors |
| 54 | Nanyang Polytechnic (NYP) | Sport & Wellness Management | Diploma |
| 55 | Nanyang Technological University (NTU) | Bachelor of Science (Honours) in Sport Science & Management (SSM) | Bachelors |
| 56 | Nanyang Technological University (NTU) | Bachelor of Arts (Education) and Bachelor of Science (Education) BabSc | Bachelors |
| 57 | Nanyang Technological University (NTU) | Diploma in Education (DipEd) | Diploma |
| 58 | Nanyang Technological University (NTU) | Master of Science (Exercise and Sport Science) | Masters |
| 59 | Nanyang Technological University (NTU) | Postgraduate Diploma in Education (Physical Education) (Primary) & Postgraduate Diploma in Education (Physical Education) (Secondary) | Postgraduate Diploma |
| 60 | National Academy of Sports Medicine (NASM) | Certified Personal Trainer | Certification |
| 61 | National Academy of Sports Medicine (NASM) | Group Fitness Trainer | Certification |
| 62 | National Association for Fitness Certification | Group Fitness | Certification |
| 63 | National Council on Strength and Fitness (NCSF) | Certified Personal Trainer | Certification |
| 64 | National Exercise & Sports Trainers Association (NESTA) | Group Fitness Instructor | Certification |
| 65 | National Exercise & Sports Trainers Association (NESTA) | Group Exercise Instructor | Certification |
| 66 | National Strength & Conditioning Assoc (NSCA) | Personal Trainer | Certification |
| 67 | National Strength & Conditioning Assoc (NSCA) | Strength & Conditioning Specialist | Certification |
| 68 | PSB Academy | Bachelor of Science Exercise and Sport Science (top-up) | Bachelors |
| 69 | PSB Academy | Certificate in Sport and Exercise Sciences | Certification |
| 70 | PSB Academy | Diploma in Sport and Exercise Sciences (sport coaching) | Diploma |
| 71 | PSB Academy | Diploma in Sport and Exercise Sciences (exercise and fitness) | Diploma |
| 72 | PSB Academy | Diploma in Sport and Exercise Sciences | Diploma |
| 73 | PSB Academy | Bachelor of Science (Exercise and Sport Science) | Bachelors |
| 74 | Republic Polytechnic (RP) | Diploma in Sports & Health (Major in Health Coaching) | Diploma |
| 75 | Republic Polytechnic (RP) | Diploma in Health Sciences (Health Management) | Diploma |
| 76 | Republic Polytechnic (RP) | Specialist Diploma in Sport Science & Wellness | Diploma |
| 77 | Republic Polytechnic (RP) | Diploma in Health Management and Promotion | Diploma |
| 78 | Republic Polytechnic (RP) | Basic Exercise Course (BEC) | Certification |
| 79 | Republic Polytechnic (RP) | Basic Sport Science (BSS) | Certification |
| 80 | Republic Polytechnic (RP) | Fitness Instructor Course (FIC) | Certification |
| 81 | Republic Polytechnic (RP) | Sport Coaching | Diploma |
| 82 | Republic Polytechnic (RP) | Sport & Exercise Science | Diploma |
| 83 | Singapore Academy for Fitness & Exercise (SAFE) | Fundamentals of Exercise Science | Certification |
| 84 | Singapore Institute of Technology (SIT) | Bachelor of Science (Honours) Physiotherapy | Bachelors |
| 85 | Singapore Management University (SMU) | Certificate in Exercise Science | Certification |
| 86 | Singapore Polytechnic (SP) | Specialist Diploma in Nutrition & Exercise Science | Certification |
| 87 | Singapore Polytechnic (SP) | The Science of Health and Fitness | Certification |
| 88 | Singapore University of Social Sciences (SUSS) | Bachelor of Sports and Physical Education with Minor | Bachelors |
| 89 | Staff Skills Academy | Fitness Diploma (Personal Trainer / Fitness Instructor) | Diploma |
| 90 | Tirisula Yoga | Pilates Matwork Instructor Certificate | Certification |
| 91 | University of Western Australia | Bachelor of Science (Sports Science) | Bachelors |

Highlighted entries indicate new certificates added as of 21 April 2026