DIGITAL SHOWCASE

PAGES & PIXELS

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Organised by

In support of

nlb

DIGITAL FOR LIFE

TIME OF YOUR LIFE

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THE SHOWCASE

At **Pages & Pixels**, discover how creative expression, reading and technology can work together to keep your mind sharp and engaged! This inspiring and interactive showcase features digital activities and creative reading material, making brain wellness both fun and accessible.
Try your hand at memory games, explore a digital brain map, and be inspired by creative works from our seniors.

Whether you enjoy stories or tech exploration,
Pages & Pixels has something special waiting for everyone.
We invite you to let your creative mind flourish in the digital age, be inspired by a sense of boundless wonder and enjoy the time of your life.

This showcase is organised as part of the
Time of Your Life Celebration 2025.

📍 **Catch Pages & Pixels at:**
Tampines Regional Library | 1 Sep - 3 Oct 2025
Our Tampines Hub | 4 – 5 Oct 2025
library@harbourfront | 6 Oct – 9 Nov 2025

✨ Explore. Create. Be Inspired.

OCTOBER & NOVEMBER PROGRAMMES

Thu, 30 Oct
2pm – 5pm

SIGN UP!

SteadyLah AR: Future of Fitness Tech

library@harbourfront, Programme Zone 2

Join us for an engaging session about the future of rehabilitation! Discover how augmented reality (AR) is changing the way we exercise and recover.

Thu, 30 Oct
6pm – 7pm

SIGN UP!

Vascular Mild Cognitive Impairment: Digital Detection and Intervention

Zoom (Online)

Find out more about Vascular Mild Cognitive Impairment and how it can be mitigated through technological innovation.

Mon, 3 Nov
2pm – 4pm

SIGN UP!

Smart Apparel for Better Movement

library@harbourfront, Programme Zone 2

Did you know that your clothes might one day help you sit straighter, walk better, or even remind you to take a break?

Explore how technology is being applied in innovative ways to help you move confidently and comfortably as you age.

SIGN UP!

Registration is required. Click the programme title followed by the *'Find Out More'* button for more details.