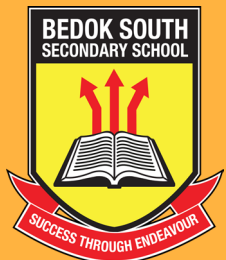


Start-it-Right: Your Child's PLD Journey

Secondary 1 Parents' Engagement Session
on the use of PLDs
28 Feb 2026

BEDOK SOUTH SECONDARY





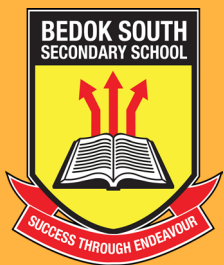
Contents

1. Welcome address by Mr Daryl Koh, Principal, Bedok South Secondary School
2. BDS Learning Environment– Enabled by Technology
3. Key Applications of Technology: Examples
4. School-Home Partnership
5. Well-being of our students
6. Questions and Answer session



Welcome address by Mr Daryl Koh

(Principal, Bedok South Secondary School)



BALANCING CHANGE and CONTROL



EdTech
PARADOX

CHANGE IS CONSTANT – Use of Edtech in Learning for Future

How Is AI Being Used in Education today?

Students most frequently use AI to summarize information, while educators most often use the technology for class planning and materials, and decision makers use it to drive process efficiency.

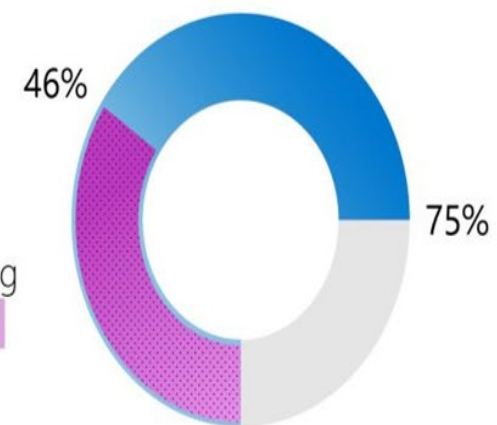


Three Out of Four People Use AI at Work

Usage nearly doubled within the last six months.

75% of people are already using AI at work

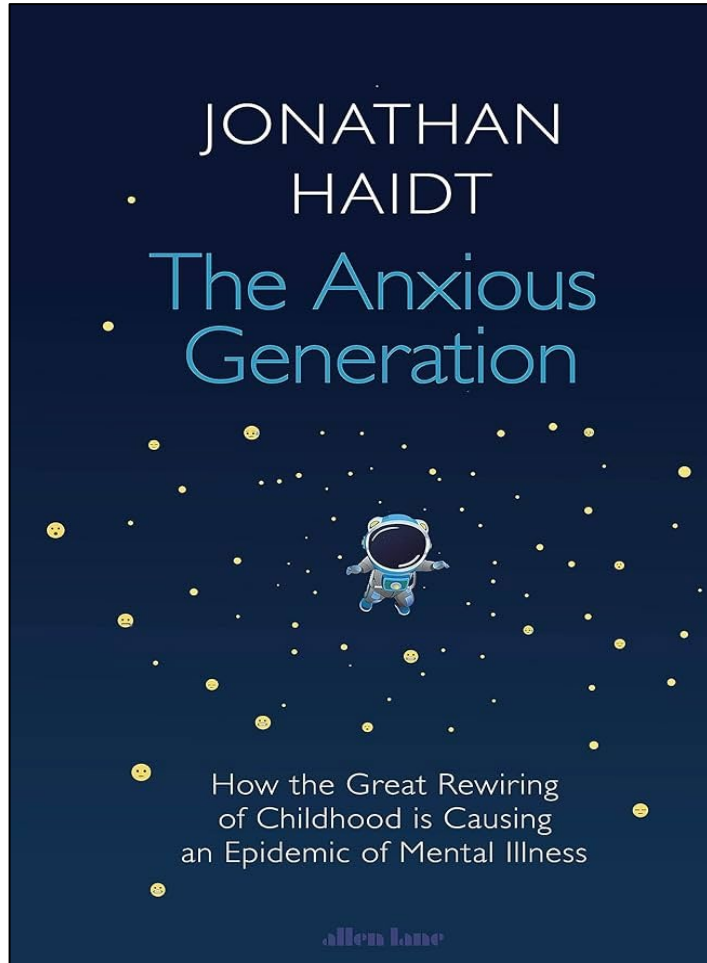
46% of them started using it less than 6 months ago



Work Trend Index Report, May 2024

Survey questions:
How often do you use generative artificial intelligence (AI) for your work?
How long have you been using generative artificial intelligence (AI) for your work?

Concerns of Self-Control – Abuse of tech has a detrimental lasting impact



Changes in technology

4 foundational ways that child development is disrupted:

- Sleep deprivation
- Social deprivation
- Attention fragmentation
- Addiction

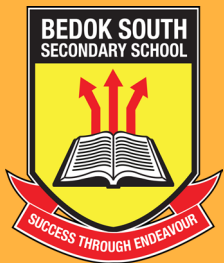


Balancing ACT





BDS Learning Environment: Enabled by Technology



National Digital Literacy Programme (NDLP)

1. Through NDLP, all secondary school students will own a school-prescribed personal learning device (PLD).
2. The device will be used to facilitate an environment that **encourages personalised learning**. The use of PLD for teaching and learning aims to:



Enhance Teaching
and Learning



Support self-directed
& collaborative
learning



Support the
Development of Digital
Literacies

BDS Learning Environment: Enabled by Technology



School Infrastructure

1. Secured Wifi coverage throughout the school
2. Apple TV for projection
3. Cloud Storage (200GB)



School Technical Support

1. Full time IT support staff available in school to provide assistance to teachers and students in a timely manner.



Productivity tools

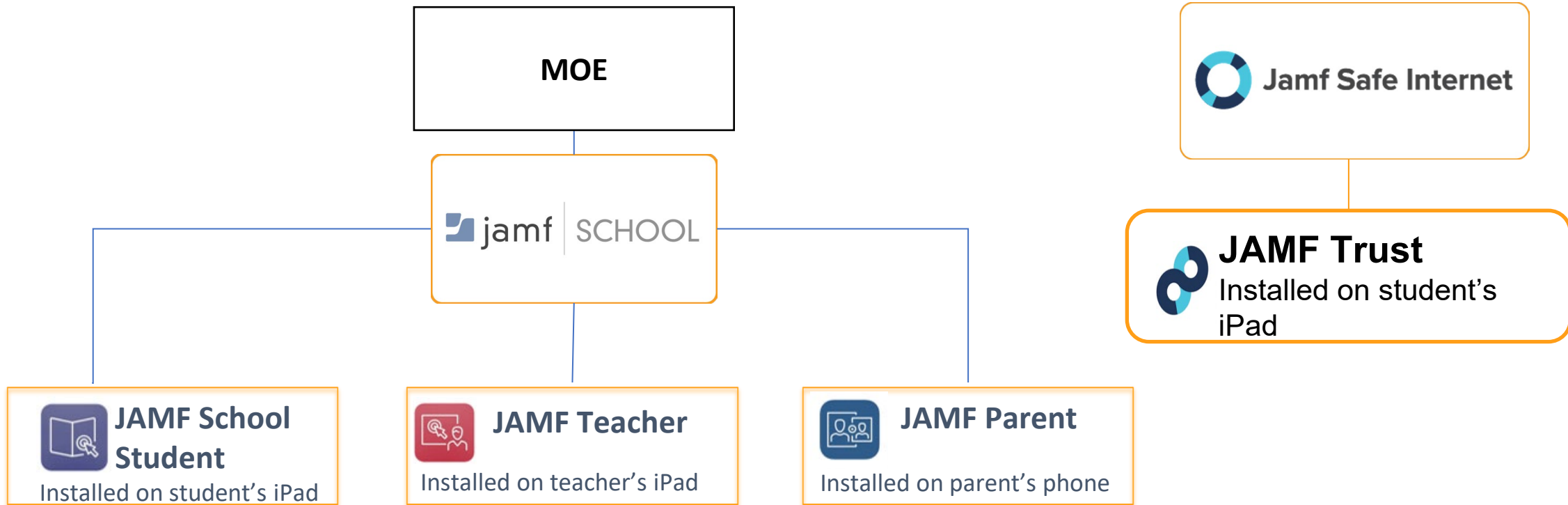
1. Whitelisted Apps using for Teaching and Learning are made available for students to download.



Classroom Management System

1. Device Management Application (DMA – JAMf)
2. Apple Classroom

Device Management App (JAMf)

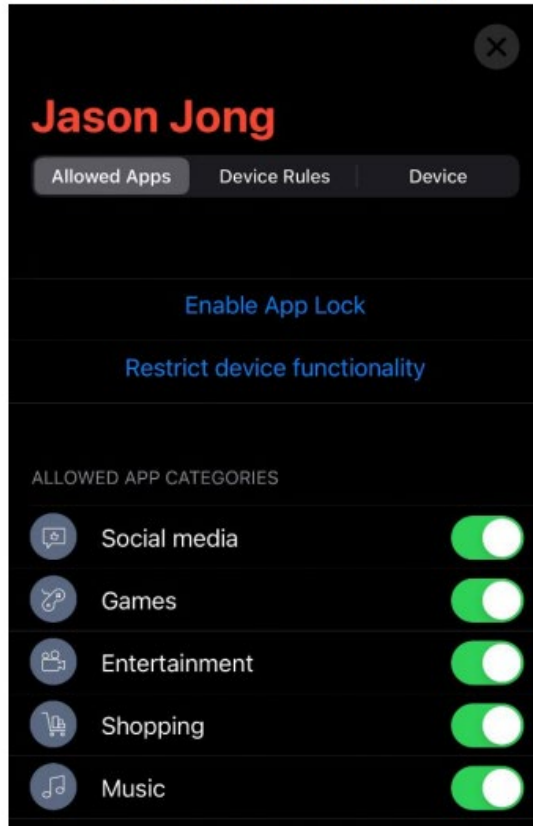


DMA(JAMf) – Parent Options

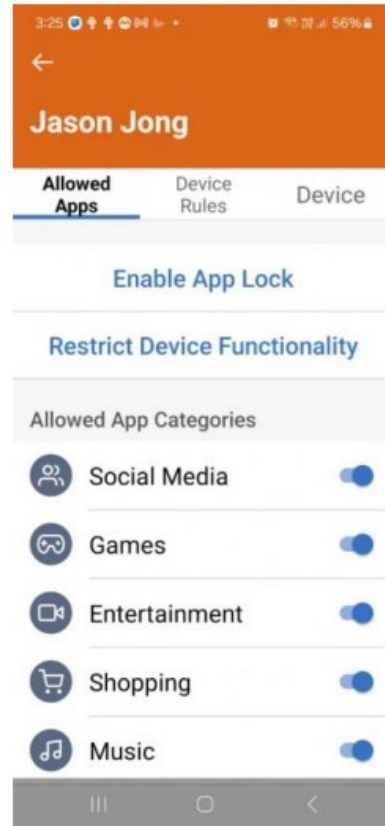
Parent Option Group	School Hour	After School Hour	Sleep Hour	What it means to you?
Default (most widely adopted)	Default set 630am to 4pm Follow MOE setting in JAMF School Web Content Control : Yes Student Install Application : NA	Default set from 4pm to 9.30pm Web Content Control : Yes Student Install Application : NA	Sleep Hour set at 9.30pm	The settings in JAMF remains after schooling hours. Web content control is active even after school hours and students are only allowed to install whitelisted (approved) apps.
Option A	Default set 630am to 4pm Follow MOE setting in JAMF School Web Content Control : Yes Student Install Application : NA	Default set from 4pm to 9.30pm Web Content Control : Yes Parental App Control : Yes Student Install Application : Yes	Sleep Hour set at 9.30pm	JAMF Parent App allows parents to modify PLD settings after school hours. Note: It is recommended that parents follow through the user guide on how to use JAMF Parent App.
Option B	Default set 630am to 4pm Follow MOE setting in JAMF School Web Content Control : Yes Student Install Application : NA	Default set from 4pm to 630am Web Content Control : No Student Install Application : Yes	Not Applicable	DMA is disabled after school hours. Note: There is no web content filtering after school hours.

Option A – JAMF Parents App

iOS Jamf Parent App

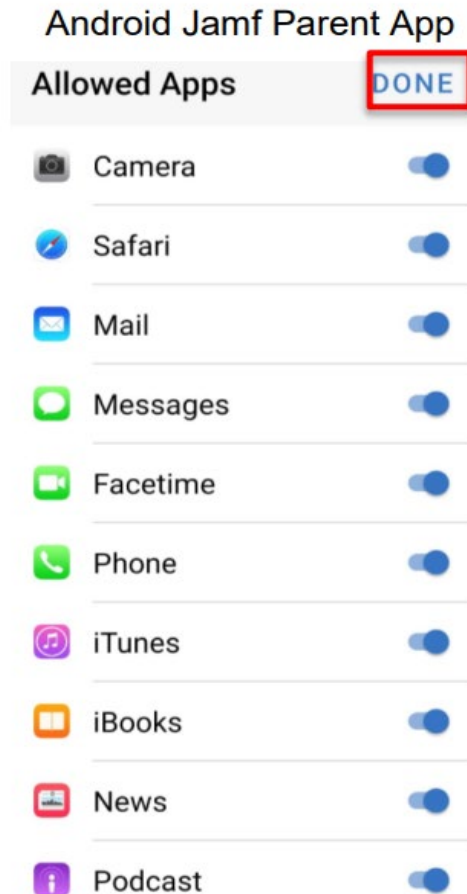
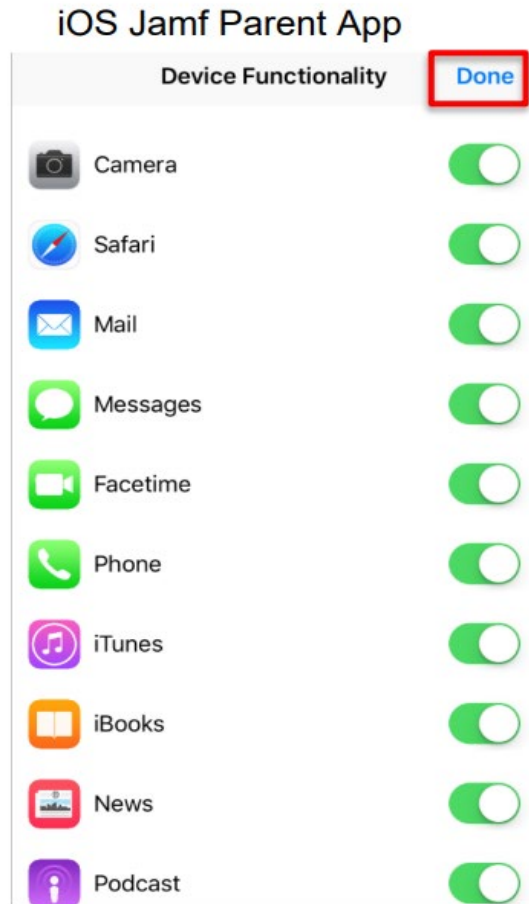


Android Jamf Parent App



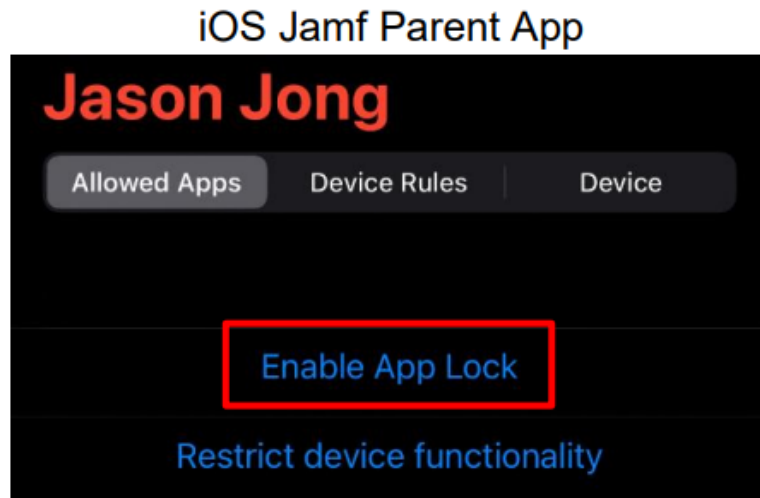
- Various options available for you to manage your child's / ward's PLD.
- You can:
 - Enable App Lock
 - Restrict Device Functionality
 - Allow/Block Apps by categories

Option A – Restrict Device Functionality



- You can enable / disable certain functions (e.g., camera, browser etc) within the PLD after school hours.

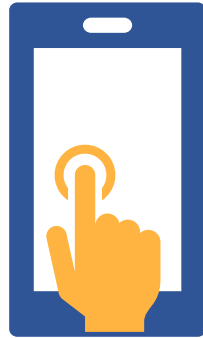
Option A – Enable App Lock



- Restricts your child / ward to using the Apps within a period of time.
- Set a timer to allow the Apps to be used only within a period of time.

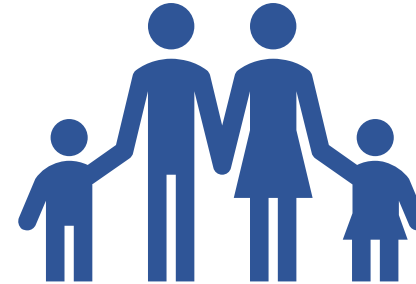
Support for Parents/Guardians

Parents/guardians may wish to consider the following questions to decide the After-School DMA Parent Option that best suits your child/ward.



A. Child's/ward's current device usage habits

- How much time does my child/ward spend on their device?
- How well is my child/ward able to regulate their device usage on their own?
- Does my child/ward get easily distracted while doing online learning?

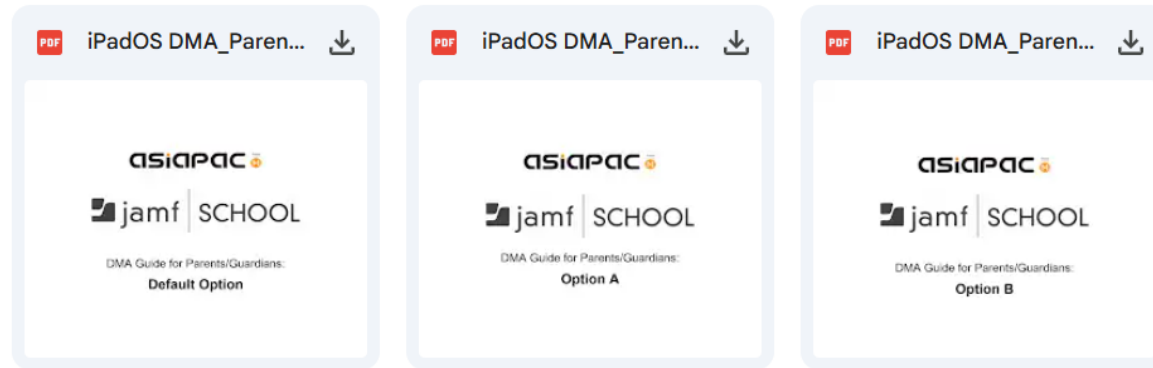


B. Parents'/Guardians' involvement

- How confident and familiar am I with managing my child's/ward's cyber wellness?
- Are there existing routines and open conversations on the use of the Internet at home?
- Am I aware of how to prevent different types of cyber threats that my child/ward might face?

Parent options for DMA

- Review the DMA functions: [PDLP DMA Parent Guides](#)



- You can revise your DMA options at any time. Most importantly, the selected DMA options must be able to support your child **learning needs** with their Personal Learning Device.
- If you want to **change your DMA option**, you may:
 - Write in to your child's / ward's Form Teachers
 - Check if changes have taken effect after 5 working days of lead time



DMA(JAMf)

1. It is **compulsory** for DMA to be installed in all PLDs.
2. Any PLDs found without DMA installed may be **barred** from use within the school.
3. Student is **required to inform the school** if he/she sent the PLD to Apple Store for repair / exchange.
4. PLDs will be released from the DMA after graduation.



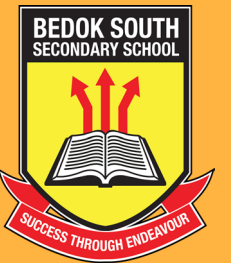
School Rules on use of PLDs

1. Playing of games and/or watching videos using PLDs is **prohibited** during lessons.
2. Students are required to bring a **fully charged** PLD and Apple Pencil to school daily. Students are **not allowed to charge his/her PLD in school** as a fully charged PLD will be able to last throughout the day.
3. Damaged / Malfunctioning / Lost PLD **must be reported** to the school before a warranty claim is made.
4. All PLDs must be onboarded with Device Management Application (DMA). Onboarded PLDs will have **JAMf Trust** and **JAMf Student** Apps installed.



Key Applications of Technology

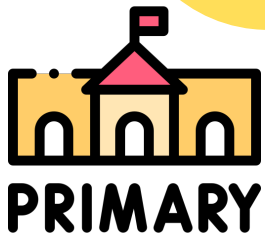
Your child's experience: Learning with a PLD.



Similar but Different

Primary School

1. Filing of worksheets
2. Notes taking on notebooks
3. Manual recording of assignments to be done at home
4. Students' Learning Space (SLS) assignments
5. Tech-enabled lessons at computer labs or at home

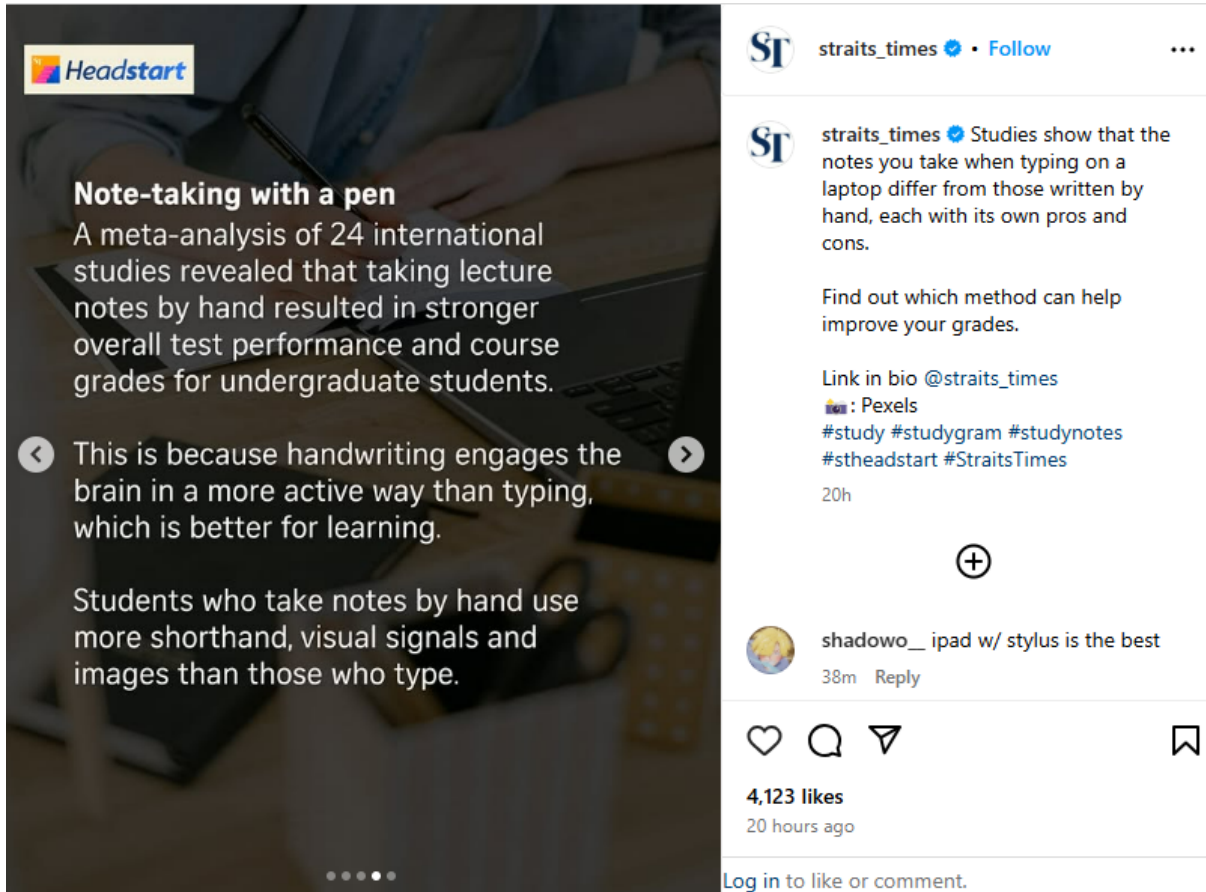


Secondary School

1. Worksheets & Assignments can be found on Google Classroom, Classkick & SLS
2. Note taking can be done on PLDs
3. Scheduling can be done on PLDs
4. Tech-enabled lessons in any lesson, home or in school



Similar but Different



Secondary School

1. Worksheets & Assignments can be found on Google Classroom, Classkick & SLS
2. Note taking can be done on PLDs
3. Scheduling can be done on PLDs
4. Tech-enabled lessons in any lesson, home or in school



Google Classroom

Classroom > 2025 3A S(Chemistry)

Home Calendar Resources **New**

Teaching

- To review
- 2 2025 3FG S(Chemistry)
- 2 2025 3A S(Chemistry)**
- 2 2024 NCC Cadet Leaders
- 2 2025 4D Chemistry 6092
- 2 2025 4FG S(Chemistry)
- 2 2025 4A S(Chemistry)
- 2 2025 4A (CCE)

Enrolled

- To-do
- B BDSS PROFESSIONAL DEV...

Stream Classwork People Grades

2025 3A S(Chemistry)

Quick Links

+ Add link

Meet

Generate link

Class code

q5lczxx

Announce something to your class

- Wei ChiehHubert Song posted a new material: 2024 WA1 Practice Paper
Feb 13 (Edited Feb 13)
- Wei ChiehHubert Song posted a new material: 3 Atomic Structure
Jan 4
- Wei ChiehHubert Song posted a new material: Structure and Properties of Materials
Jan 4

Students Learning Space (SLS)

SINGAPORE
Student Learning Space

Welcome back, **Tan Kian Boon!**

MOE Library

My Drive

User Guide

 Class Groups

 Assignments

This shows a listing of assignments that are in progress. To view all your assignments, go to [Assignments](#).

FRIENDS OF SLS

**Professional Learning (PL) Series
for Adopting SLS as a One-Stop Hub**

Module



(Session 2) Domain E - S...
Due on 31 Dec 2025 11:59 PM

INCOMPLETE

In the main
assignment page,
you are only able
to see assignments
that are **not
completed**.

Classkick

Assignments are classified according to the subject teacher and year.

Assignments		
Assignments	...	Class Code
Assignment Name	Feedback	Points
Mr. Asraf - 3A SS (Mr Asraf) Class 2024		
Mr. Chern Cheung Webster - 2B History Class		
Mr. Ow - 3ABEF_2024		
Mr. Song - 1B 2021		
Mr. SONG - 3A 2024		
1 Experimental Techinques	0	
Chemical Bonding (Ionic Bonding)	0	
Navigating the waves of adversity with hope	0	
Mr. Wong - 2B Maths 2023		
Ms Fatimah - 3A SS Class 2024		
Ms. Chia - 2025 4A		

Sketch Book

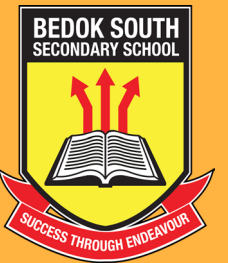


Leveraging on
Apple Pencil during
Art Lessons.



School-Home Partnership

Usage of digital devices at school and at home





Cyber Wellness Education in School

Cyber Wellness education is conducted through our CCE lessons during curriculum time, school-based activities, teachable moments during other subject lessons, and learning opportunities beyond school.

Topics	What your child will learn about
Cyber Use	• Maintaining a healthy balance of online and offline activities
Cyber Identity	• Developing a healthy online identity • Appropriate online expression
Cyber Relationships	• Netiquette • Cyber bullying • Developing safe, respectful and meaningful online relationships
Cyber Citizenship	• Understanding the cyber world • Handling online content and behaviour • Having a positive presence in the cyber community
Cyber Ethics	• Creating and sharing of online content in a responsible manner • Respecting copyright

Usage of mobile devices in Youths

THE STRAITS TIMES

SINGAPORE

LOG IN

ST SUBSCRIBE

PDF

About one in two S'porean youth has problematic smartphone use: IMH study



*"The local study, funded by the Ministry of Home Affairs and Ministry of Health, found that affected individuals were at least three times more likely than those without problematic smartphone use to have **symptoms of moderate or severe depression, anxiety and insomnia.**"*

"Researchers who conducted the study define problematic smartphone use in terms of dependence and time spent on such devices, as well as the problems caused."

*"This could involve whether users feel impatient or fretful without their devices and constantly think about them. Problems include **physical discomfort – pain in the wrists or back of the neck** from prolong use of smartphones – or if users **miss work or are unable to concentrate during lessons** due to smartphone use."*

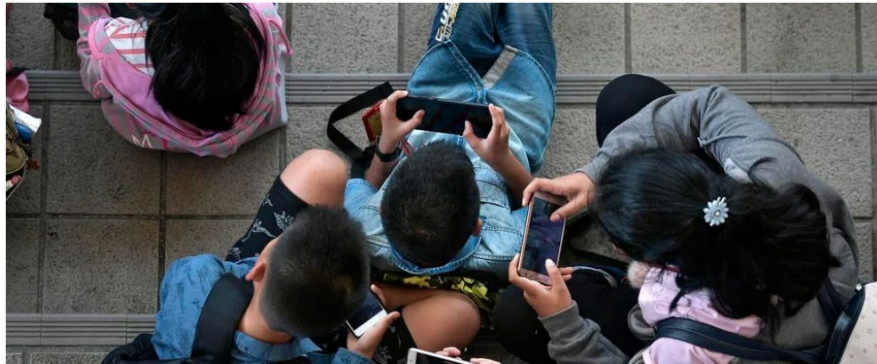
"Excessive smartphone use doesn't start in one day. It's going to happen over a period of time."

Looking past screens

Screen Timeout

Excessive device use often a coping mechanism for deeper issues, say experts

[Sign up now:](#) Get tips on how to help your child succeed



*"Dr Melvyn Zhang, senior consultant psychiatrist at the National Addictions Management Service at IMH, said **excessive screen use often reflects deeper struggles.**"*

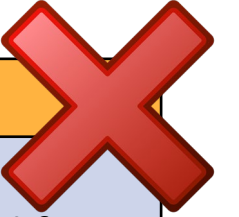
*"**It can be a manifestation of underlying issues such as academic stress or family issues, anxiety or depression,** he said, adding that young people may turn to screen to cope with their emotions or escape life stressors."*

*"Excessive screen use is rarely the core problem. It is often **a coping mechanism for deeper emotional, relational or developmental needs.**"*

*"Addressing screen time concerns is less about removing devices, and more about **understanding why they have become so important in a child's life.**"*

Not all screen use is the same

Active Screen Use	Passive Screen Use
Involves cognitively or physically engaging in screen-based activities, such as completing homework on a computer (e.g., SLS homework), following an exercise or art/craft programme online.	Involves sedentary viewing and receiving information through screens without the need for interaction and thinking, often without co-viewing with an adult.



Healthy screen use means choosing appropriate and safe screen content, engaging in active screen use, and **co-viewing media with an adult**.

Minimise background and passive screen use. Evidence shows that excessive passive screen use may hinder development of the ability to make decisions, direct attention, and interact socially.

Managing over-reliance on devices

Is your child.....



1

Constantly online and only happy when they are online?

2

Visibly restless or irritable when asked to cut down on gaming/online activities?

3

Using gaming/online activity to avoid dealing with their personal problems?



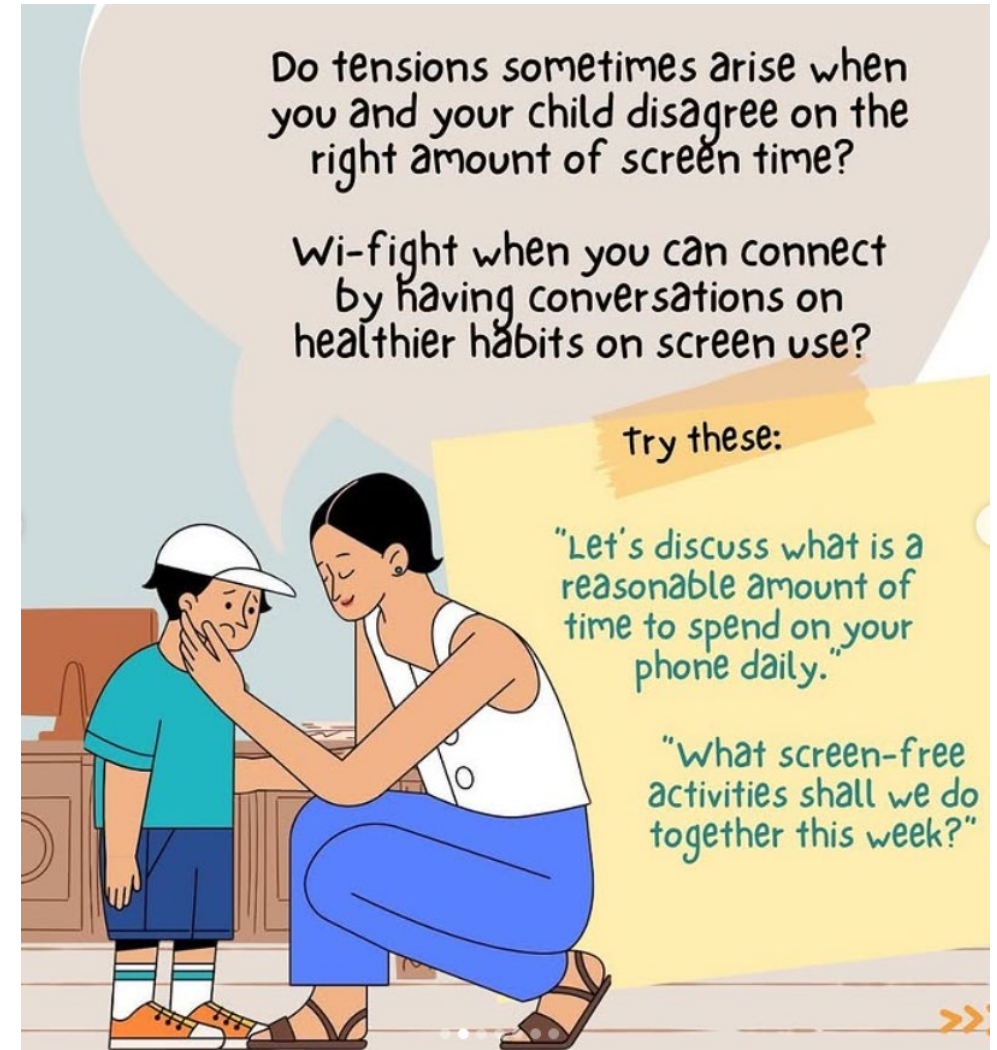
Practising appropriate device usage

- Talk to your child/ward about what they feel is an appropriate amount of time to spend on their digital devices per day, given their commitments (e.g., studies and CCA)
- Reach a common understanding on:
 - **Time they should turn off** their desktop/laptops/phones;
 - When **device usage should be paused**, such as mealtimes and during family activities;
 - When and how often they should **take breaks** from the screens, or get up to move about;
 - **What they can do online**, such as seeking out online entertainment, news, staying connected with peers; and
 - **What they should avoid**, such as chatting with strangers and sharing of personal details

Communication is KEY

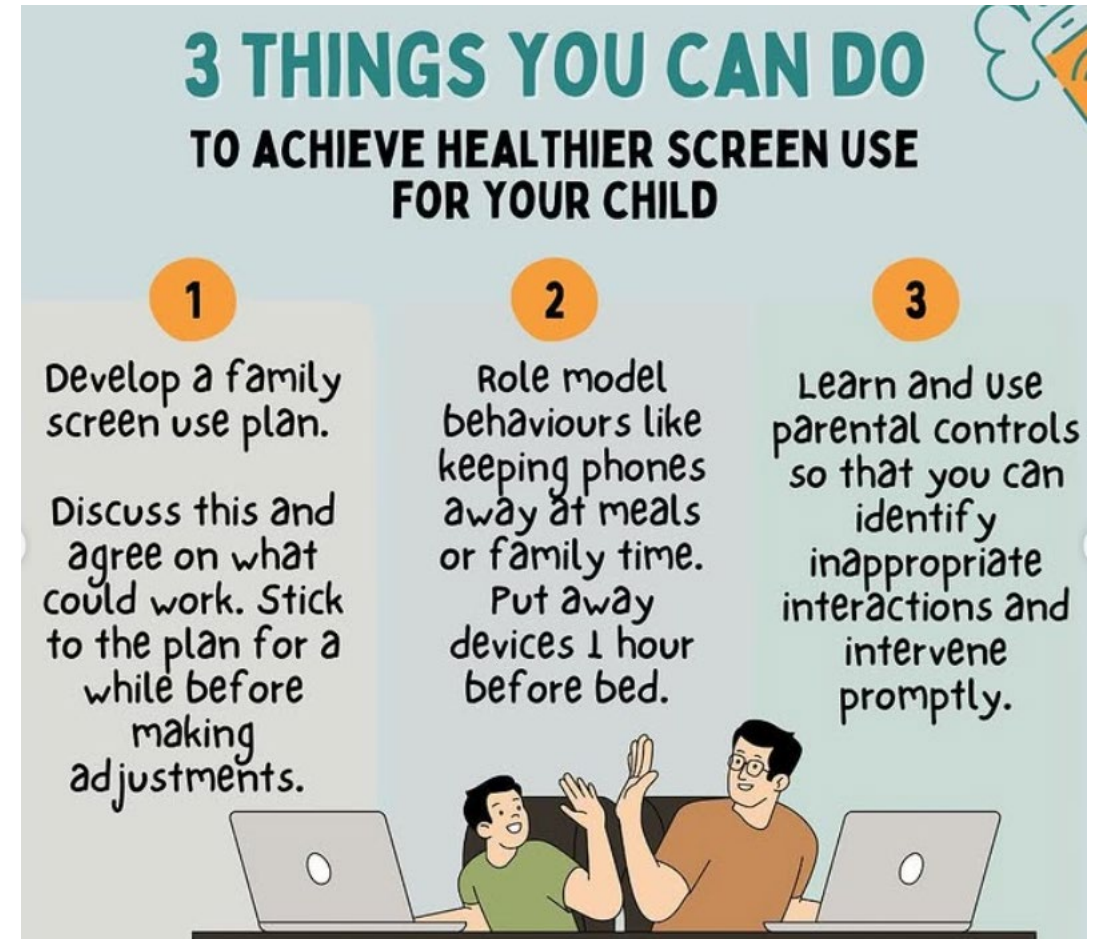
Share your concerns with your child/ward

- **Identify specific behaviours** and discuss realistic durations for your child/ward's screen time.
- Encourage your child to **participate in outdoor activities** instead of a ban on device usage. Help them achieve it by scheduling these activities and **doing it together with them**.
- **Mange your expectations** and **show appreciation** when you see them putting in effort to change their habits.



Parents are role models & have control

- **Practice what you preach.** Be aware of the behaviour you're modelling to your children.
- **Parents have control.** Do not yield control of the Internet and electronic devices over to your child. You can consider installing parental control software that can block or limit usage.
- **Be understanding but firm.** Understand that your child/ward want to feel belonged and may feel pressured to keep up with their peers.



If we do not teach, someone else will



Rachel Pang Comics



rachelpangcomics • Follow



rachelpangcomics Was really honoured to work with @interunilgbt on this comic!!!! We wanted to figure out how to communicate the important message of community care, something that is very close to my heart. Almost all of my comics are deeply personal - so when presented with their prompt I turned inward to recall a time where the importance of community care really showed itself to me, in hopes that my experience can speak to others too!

-
I think one little bit that I didn't manage to capture in this comic (bcos of space constraints) was the part about how my friends didn't judge me or try to impose their views on me



Add a comment...

Post

Seeking Help for Students



Year Head, Sec 1
Mr Webster Lim

lim_chern_cheung_webster
@moe.edu.sg



Senior
School Counsellor
Ms Vaneta Rossvan

Vaneta_marie_theres_rossvan
@schools.gov.sg



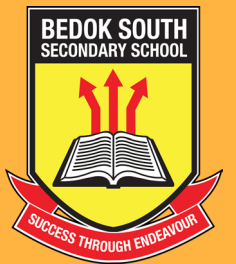
SEN Officer
Ms Tng Lay Hong

Tng_lay_hong@
schools.gov.sg



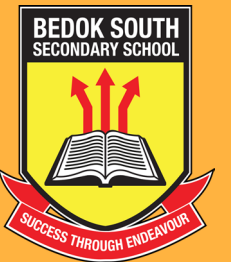
SEN Officer
Mr Sanjeev Thomas

Sanjeev_thomas
@schools.gov.sg



Additional Useful Resources for Parents

1. [Children and their devices: How to strike the right balance](#)
2. [Future tense: Keeping kids grounded while tech turns the world upside down](#)
3. [Are you struggling with your child's excessive device use?](#)
4. [7 things every parent can do to keep kids cyber-safe: A tech dads special](#)
5. [Keeping kids safe online - A community effort](#)
6. [Parent Kit - Raising A Digitally Smart Child](#)
7. [Parent Kit - Experiencing Blended Learning with Our Children](#)





Subject Head ICT
Mr Tan Kian Boon

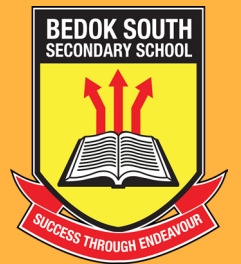


Principal
Mr Daryl Koh



Teacher
Mr Hubert Song

Q&A Panel



If the iPad is damaged, how can we repair it?

BDS Personal Learning Device (PLD) Device Handover Info Sheet

1. The Personal Learning Device (PLD) for Bedok South Secondary School is available for collection on 27 Feb 2025 (Thursday). Please note that the PLD comes with a 1-for-1 exchange in the event of manufacturer defects. Please keep the original box for 7 days if a 1-for-1 exchange is required.
2. All the necessary set up on the iPad should be completed in class during the unboxing process.

Technical Support Service

3. Technical support is available at
<https://go.gov.sg/bds-ict-assistance-and-equipment-service-request>



Or BDS NDLP Service Centre to look for ICT Manager Mr Kenneth Ong

Days	Time	Venue
Mondays to Fridays	7.30am to 8am	Computer Lab 3 (2 nd level)
Mondays to Thursdays Fridays	2.30pm to 4pm 12.30 to 2pm	BDS NDLP Service Centre @ Oasis (BDS School Library)

Repairs, Insurance and Warranty

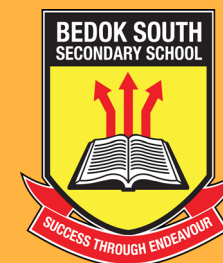
4. There will be a courier service from school to send any faulty iPads and/or accessories to one of the Apple Authorised Service Centre listed on page 1 every fortnight. Please note that devices sent through the school may take **up to 4-6 weeks** before they are couriered back, depending on the courier schedule. (Student can loan an iPad from the school (subjected to availability) during the repair duration.)

For repair services involving accessories like Apple Pencil and the Ruggedised keyboard, we strongly recommend sending them through the courier service available from school.

Alternatively, you may also send the iPad directly to any one of the Apple Authorised Service Centres listed on page 1. Please note that devices sent directly to the service centres will not be subjected to the same courier pickup services offered through the school's service desk.

Beyond the 7 days 1-to-1 exchange, the PLD will come with a 3-year insurance coverage allowing for claims of two repairs or one replacement. The following events are covered by insurance after a police report is made:

- Fire
- Lightning
- Power Surges
- Accidental e.g. water spillage, drop
- Theft due to forcible entry
- Robbery



ICT Manager
Mr Kenneth Ong

BDS Staff	Contact Details
Mr Kenneth Ong, ICT Manager Technical matters (e.g., DMA, iPad issues, and onboarding process)	Email: ong_sau_wee@moe.edu.sg Helpdesk: Com Lab 3: 7.30a.m. – 8a.m. Library: (M-T) 2.30p.m. – 4p.m.; (F) 12.30p.m. – 2p.m.
Ms Tania Chong, Head of Department/ ICT Mr Tan Kian Boon, Subject Head/ ICT BDS Learning Environment, Use of iPad in schools, School-Home Partnership Matters	Email: tania_chong@schools.gov.sg Email: tan_kian_boon_a@schools.gov.sg
Mr Webster Lim/ Secondary 1 YH Ms Vaneta Rossvan, Senior School Counsellor Ms Tng Lay Hong, SEN Officer Mr Sanjeev Thomas, SEN Officer Seeking help for students	Email: lim_chern_cheung_webster@moe.edu.sg Email: vaneta_marie_theres_rossvan@schools.gov.sg Email: Tng_lay_hong@schools.gov.sg Email: Sanjeev_thomas@schools.gov.sg
All other questions	Email: bsss@moe.edu.sg or reach out to your child's/ward's Form Teacher

