

NOT A TV SHOW

# BREAKING DAD

**Delfard Tay** lost his 19-year-old daughter to vaping.  
Talk to your loved ones about vaping before it's too late.

Get help to quit at [gov.sg/QuitVape](https://gov.sg/QuitVape)



**STOP VAPE.  
DON'T WAIT.**



## THE HORRORS OF VAPING ARE REAL



MINISTRY OF HEALTH  
SINGAPORE

